

# *FiftyForward* Care Management



Care management is a free program supporting older adults who struggle with day-to-day obstacles including limited resources (social, financial and support), functional limitations and isolation that make safely and comfortably living alone a challenge. With information, consultation and referral to community resources, customers feel connected, engaged and valued. Without vital services, they can experience more health problems, unmet basic needs, and prematurely or unnecessarily enter higher levels of care.

## **Care Management Customers Benefit from:**

- In-home assessment
- development of a care plan that determines services to be pursued
- linkage, application and advocacy with service providers
- monitoring to ensure that services are received and satisfy needs
- Temporary, limited in-home services (homemaker, meal prep, errand running and escorted transportation) while on waiting lists for similar services

## **Care Management Customers will experience**

- increased access to necessary services that they may not have known about without assistance
- enhanced ability to manage with scarce resources
- restored hope and self-worth
- enhanced morale and sense of security through participation in a trusting relationship with a care manager who can be accessed whenever the need arises

**For more information or  
to request assistance, call**

**(615) 743-3416**

**in Davidson County**

**(615) 376-4334**

**in Williamson County**

**To be eligible, you must**

- be 50 years of age or older
- not have a care manager from another agency
- have limited income and assets
- need assistance to access services