

FiftyForward Care Management



Care management is a free program supporting older adults who struggle with day-to-day obstacles including limited resources (social, financial and support), functional limitations and isolation, making safely and comfortably living alone a challenge. Care Management helps older adults feel connected, engaged and valued. Without help, they often face more health problems, unmet basic needs, and require higher levels of care.

Care Management Customers Benefit from

- In-home visit to determine needs
- A plan that determines services and needs
- linkage, application and advocacy with service providers
- monitoring to ensure that services are received in a timely manner
- Temporary, limited in-home services (homemaker, meal prep, errand running and escorted transportation) while on waiting lists for similar services

Care Management Customers are

- receiving needed services that they did not know existed
- more able to manage with limited resources
- more hopeful
- in a trusting relationship with a care manager who can be called whenever needed

For more information, visit www.fiftyforward.org.

**For more information or
to request assistance, call**

(615) 743-3416

in Davidson County

(615) 376-4334

in Williamson County

To be eligible, you must

- be 50 years of age or older
- not have a care manager from another agency
- have limited income and assets
- need assistance to access services