Without the experienced guidance of a professional, decisions and choices can be overwhelming. You can get help with one phone call to The Care Team.

Whether you are in crisis or want to plan ahead, you can

- receive the appropriate in-home care
- learn what questions to ask when going to the doctor
- understand and take medications correctly
- be confident that your loved one is living in the right place for them
- get the benefits you need
- alleviate family stress and feel better

For more information, call (615) 743-3436; or email kmaloney@fiftyforward.org
visit fiftyforward.org

Our competitive pricing, sliding fee scale and 24/7 availability makes us accessible when you need us most. All funds raised through this initiative are re-invested to serve lower income older adults who cannot purchase services.