

**Center Phone #:
615-622-3040**

**8101 Highway 100
Nashville, TN 37221**

Connect with Us

www.fiftyforward.org

[www.facebook.com/
FiftyForwardJLTurnerCenter](https://www.facebook.com/FiftyForwardJLTurnerCenter)

Center Director
Derek Stogner
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Program Director
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**FiftyForward J. L. Turner
is located inside the
Bellevue Family YMCA**

**Bellevue YMCA Members
50+ are automatically
eligible to participate in
FiftyForward J. L. Turner
Center Activities**

The Turner Times

September 2018

Our day trips are always fun, but check out some of the fun programs we had at the Center last month!



Wendy from the Loveless Café held a cooking demonstration and tasting. She taught members how to make a spin on deviled eggs, summer punch and a delicious corn dip. Big thank you to her and Loveless Café for giving us the opportunity to offer this program at no charge!



Ally from The Turnip Green Creative Refuse held an informative and fun presentation “The Dirt on Composting.” While Matt Creekmore of Edward Jones Financial held a fascinating lunch-and-learn all about annuities.



It was all hands on deck for this month’s service project, we made fun back-to-school goodie bags for a classroom of special education students at Northeast Middle School. The students (and teacher) were very thankful for the surprise!

GET EXCITED!

Special Events & Trips

Events at the Center:

- **Beginner Line Dancing: Wednesdays in September at 1:00pm**
 - Join instructor and member Jeanne Horde for beginner line dancing lessons (1:00pm-FREE, Community Room)
- **Art Show: Tuesday, September 11th**
 - Come enjoy the artwork that has come out of our art classes and enjoy refreshments (3:00pm-4:00pm—FREE; donations encouraged, Community Room)
- **All of Us Research Program Enrollment: Wednesday, September 12th**
 - Get enrolled for the All of Us Program with one-on-one appointments (10:00am-12:00pm & 12:30pm-2:30pm—FREE, Zelle/West)
- **Friday Flicks: Friday, September 14th**
 - *Florence Foster Jenkins*; free drinks and popcorn (12:30pm—FREE, Zelle/West)
- **Scan-A-Thon: Monday, September 17th**
 - Associates from Tennessee State University will be here to help preserve photos by providing free zip drives to preserve your documents, photos, and more (10:00am-Noon—FREE, Zelle/West)
- **Service Project: Thursday, September 20th**
 - Part one of a two part project making waterproof mats using plastic bags for local homeless (10:00am—FREE, Zelle/West)
- **Bunco Bonanza: Thursday, September 20th**
 - Bring a dish to share, play Bunco, & win prizes! (Noon—FREE, Activity Room)
- **History Film Club: Thursday, September 20th**
 - *Nero's Sunken City*; free drinks & popcorn (1:00pm—FREE, Brown/Davis)
- **Lucky Lunches: Friday, September 21st**
 - Join us for lunch from Sprouts, bingo, & prizes (12:30pm—\$7, Zelle/West)
- **Flower Arrangement Class: Monday, September 24th**
 - A Kroger Florist will provide a hands-on floral arrangement demonstration (11:30am—\$15, Zelle/West)
- **Tech Day: Tuesday, September 25th**
 - Volunteers from the Nashville Public Library will be here to help with your devices (10:00-Noon—FREE, Brown/Davis)

Lifelong Learning Classes:

- **Art Class: Wednesday, September 5th & Wednesday September 19th**
 - Floral Landscapes, Acrylic on Canvas(2:00pm—\$10, Zelle/West)
- **Open Art Studio: Wednesday, September 12th & September 26th**
 - Time to work on personal art projects (2:00pm—FREE, Zelle/West)
- **West Coast Swing Dance Class Series: Friday, September 21st**
 - Final dance class in our series with West Coast Swing will be a review of foxtrot, swing, rumba and waltz (4:15pm— \$3, Community Room)

GET EXCITED!

Special Events & Trips

Day Trips:

- **Nissan Plant Tour: Thursday, September 6th**
 - Tour the Nissan Assembly Plant (9:15am—\$6 van, plus lunch on your own)
- **Frist Art Museum: Monday, September 10th**
 - Docent-guided tour of the Chaos and Awe exhibit (10:45am — \$6 van plus lunch on your own at Frist Cafe)
- **Wildhorse Saloon: Thursday, September 13th**
 - Private line dance lesson and a delicious catered meal at the Wildhorse Saloon (11:00am — \$36 lesson, meal & van) *Sign up with Regena or the YMCA membership desk
- **Fox 17 News Station: Tuesday, September 18th**
 - Get a behind-the-scenes tour of their facility (9:15am — \$6 van plus lunch on your own)
- **Nashville Public Library Courtyard Concert: Tuesday, September 25th**
 - Bluegrass Singer/Songwriting duo Rob Ickes & Trey Hensley will perform (11:00am—\$6 plus lunch on your own)
- **“An Evening in Old Hollywood” Benefit: Friday, September 28th**
 - Join us for our 1st annual Turner Center fundraiser: silent auction, catered meal, music from the decade & more (6-9 pm \$50 for members, \$75 for non-members)

Food Trips & Gatherings:

- **Friday Night Foodies: Friday, September 7th**
 - Dinner at Pastaria (4:15pm—\$6 van plus dinner)
- **Foodie Night: Friday, September 14th**
 - Dinner at Chili's (5:00pm—MEET THERE)
- **Breakfast Club: Monday, September 17th**
 - Breakfast at Loveless Café (8:30am—Meet there)
- **Supper Club: Monday, September 24th**
 - Supper at Sam's Place (5:00pm—Meet there)

GET READY

Upcoming Special Events & Trips

On the Horizon...

- **Walmart Clinic Vaccines: Tuesday, October 9th**
 - The Walmart Clinic will be here distributing flu, pneumonia and shingles vaccines (10:00am-12:00pm—Brown/Davis)
- **Retro Rhythm Band Concert & Center Preview Party: Friday, October 19th**
 - All aboard the Retro Rhythms Cruise Ship for their annual concert featuring some of our other FiftyForward programs!
- **Halloween Party: Wednesday, October 31st**
 - Bring a dish to share with the group. Chili cookoff & costume contest for prizes (Noon—Activity Room)

GET CONNECTED

Ongoing Classes & Groups

Fun & Games

All experience levels welcome

Bridge

Mon., Wed. & Fri.
11:45am-3:00pm
Thurs. Evenings
6:15pm-9:00pm
(Brown/Davis)



Canasta

Tuesdays
9:30am-2:30pm
(Zelle/West)



Mahjong

Tuesdays
9:00am-12:00pm
(Zelle/West)



Rummikub

Tuesdays
12:30pm-3:00pm
(Brown/Davis)



Ping Pong

Wednesdays
1:00pm-3:00pm
(Activity Room)



Puzzles

Daily
9:00am-3:00pm
Turner Lobby



All sign-ups for trips & events will be released the **3rd Monday** of every month.

Stop by the Center any time that day between 9:00am & 3:00pm to sign-up with an ambassador!

BOOK CLUB

Thursday, September 27
1:00-3:00pm
Turner Conference Room
The Summer Before the War
By: Helen Simonson

GET CONNECTED

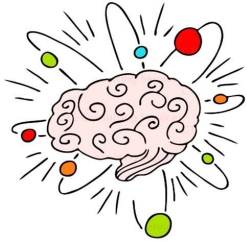
Ongoing Classes & Groups

Lifelong Learning Programs

All experience levels welcome

Brain Brawlers Trivia

Tuesdays
12:00-1:00pm
(Zelle/West)



Team play of general knowledge trivia

Creating Memoirs

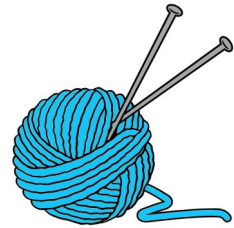
2nd & 4th Tuesdays
1:00-3:00pm
(Conference Room)



Write your personal memoir

Sit, Knit & Crochet

Fridays
9:00am-12:00pm
(Conference Room)



Learn to knit and
crochet

Line Dancing

Weds. 1:00-2:00pm
Fri. 10:30-11:30am
(Activity Room)



Intermediate &
Advanced

Rhythm Band

1st & 3rd Fridays
11:30am-12:30pm
(Zelle/West)



No Experience
Necessary

Writer's Club

Thursdays
11:30am
(Conference Room)



No Experience
Necessary

Flower Arrangement Class with Kroger Floral

Join us for a fun afternoon learning a new skill! Ginger, florist at Kroger Floral, will be here to teach the basics of flower arranging. This will be a hands-on demonstration where participants will create their own arrangement to take home.

Monday, September 24th

11:30am

Zelle/West

\$15



Never Forget 9/11/2001

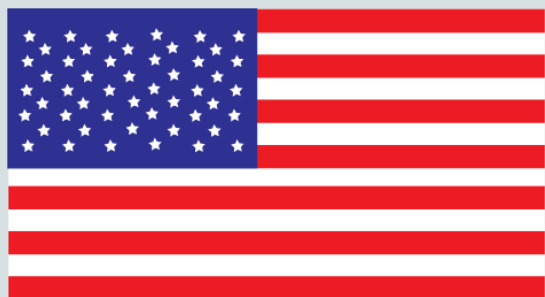


Big thank you to our sponsor,
Cigna Healthspring for their
continuous support of our
Center!



Ron Henson, FiftyForward
Living At Home Care Manager, will be
available in the **Conference Room**
every **2nd & 4th Wednesday** of the
month **from 8:00am-11:00am** to answer
your questions about Medicaid & Care
Services.

See a FiftyForward staff member with questions.

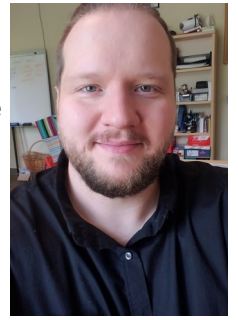


HAPPY LABOR DAY

The Turner Center will be closed on
Monday, September 3rd in observance of
Labor Day. Please see the YMCA schedule for
class times and hours of operation.

In addition— We will be closing at 10:00am
on **Friday, September 28th** to prepare for
our fundraising event. Thanks in advance for
your cooperation.

Letter from the Director...



I can't tell you how excited I am for you all to attend "An Evening in Old Hollywood" this month. It is the culmination of months of planning by our staff, Advisory Council, and people throughout FiftyForward.

This truly will be a gala evening full of delicious food, great music, great fun, and (if you want to) dancing. Not only will this be a great opportunity for you to support the center (100% of the proceeds will go towards the programs and services of the Turner Center), but it will be one of the biggest and most entertaining events we've ever had at Turner. We designed this intentionally to be a FUN event that we thought fits OUR community, and the things we all enjoy: music, dancing, socializing, fun, and (of course) great food.

To reserve your tickets, please see staff or an Ambassador, or follow the instructions in the invitation you should have received in your email if you are signed up on our contact list.

Also, a couple of things to note. This event is open to anyone over 18. So feel free to invite friends and family. And we are very happy to offer a discounted ticket to anyone with a current FiftyForward membership at \$50. A further way to save, if you can get together 8 folks, we have table discounts as well.

We also don't want any limitations to get in the way of people attending. If you are uncomfortable driving to the Martin Center at night, we will be offering a shuttle service (space will be limited, so sign up soon!). Additionally, if you are absolutely financially unable to pay and really want to attend, please see me.

Warm Regards,

Derek Stogner

Director, FiftyForward J.L. Turner Center

Letter from the Program Director...



I can't believe we are already in the second part of 2018, this year is flying by! Onto the next wonderful Tennessee season— fall! We have some exciting programs coming up in September and we hope you're as excited as we are.

We have some exciting trips coming up this month and I hope you're able to join us. To kick off September we will be heading to the Nissan Assembly Plant in Smyrna to get a tour of their facility. We will also be going to the Fox 17 News Station to get a tour of their facility as well! Next we will be going to the Frist to get a docent-guided tour of their Chaos & Awe exhibit. This exhibit will be ending on September 16th so be sure to come with us and get your last chance to check it out. Regena and I are also extremely excited about our trip to the Wildhorse Saloon. We will be getting a private dance lesson and then wind down and relax with a delicious catered BBQ meal. I can't wait to see you out there showing off your moves!

In addition to our day trips, we also have some exciting events happening at the Center. Our Art Show will feature some pieces from our FiftyForward art class, so be sure to stop out and have some refreshments with our artists. I'm also excited about our flower arranging demonstration with Ginger from the floral department at Kroger. Come out and learn a new skill with us! A very cool opportunity with Tennessee State University is also taking place this month. Associates from their library are dedicated to preserving family history. Join us for a "scan-a-thon" where they will be providing flash drives for anyone who would like to preserve their documents and photos. These can be distributed to family members or children so you ensure all of your precious memories are preserved.

Lastly, tickets are now available for "An Evening in Old Hollywood" on the 28th. I hope to see you all there!

Thank you,

Nikki Plotts

Program Director, FiftyForward J.L. Turner Center

BELLEVUE HISTORY & GENEALOGY GROUP

For more information, contact Bob Allen at 615-218-4580 or bob@bellevuebob.com. Join us on Friday mornings at 9:00am for coffee and lectures about various historical topics.



Friday, August 31, 2018 – NO MEETING – LABOR DAY HOLIDAY

Friday, September 7, 2018 from 9:00 am to 10:30 am – “History of the Stock Market” – Matt Creekmore, Financial Manager with Edward Jones and Chair of the FF Fundraising Committee, will the history of the stock market since its inception.

Friday, September 14, 2018 from 9:00 am to 10:30 am – “Digging for Ancestors: Graves and Dead Bodies for Genealogists” – Nick Fielder, former state archaeologist, will discuss moving cemeteries and other morbid things all genealogy researchers should know.

Friday, September 21, 2018 from 9:00 am to 10:30 am – “Exotic Pearls from Around the World, First Stop, Caribbean Ocean and Encounter Pearls Produced by Snails” – Gina Latendresse – Come see and hear about these exotics as Gina gives our group a follow-up to her 2017 American Pearl Museum presentation.

Friday, September 28th—Speaker and Topic TBA 9:00 am to 10:30 am

Travel with FiftyForward



**On The Road With Joan...
FiftyForward Day Trips
Motor Coach Day Trips**

**Saturday, September 22nd
Homesteads Apple Festival
Crossville, TN**

*To sign up...
Contact Joan Sincerbox
at (615) 646-0059*

Long Distance Travel:

Sept. 2-12 — Alaska
Oct. 6-14 — Cape Cod
Nov. 12-16 — New Orleans
Dec. 3-7 — Branson
Feb. 9-16, 2019 — Hawaii
Apr. 23-May 1, 2019— Texas
May 6-16 — Ireland, Iceland & Scotland
June 6-12, 2019 — Oregon Trails & Portland
Rose Festival

*For more info
call or email Janice:
(615) 231-1235
jjudd@fiftyforward.org*



Friday Flicks

Florence Foster Jenkins

Friday, September 14th 12:30 pm

Free Popcorn and Drinks

In the 1940s, New York socialite Florence Foster Jenkins (Meryl Streep) dreams of becoming a great opera singer. Unfortunately, her ambition far exceeds her talent. The voice Florence hears in her head is beautiful, but to everyone else it is quite lousy. Her husband St. Clair goes to extreme lengths to make sure his wife never finds out how awful she truly is. When Florence announces her plans for a concert at Carnegie Hall, St. Clair soon realizes that he's facing his greatest challenge yet.



YOU'RE INVITED TO OUR ART SHOW

TUESDAY, SEPTEMBER 11TH FROM 3:00-4:00PM

FIFTYFORWARD J.L. TURNER CENTER

IN THE COMMUNITY ROOM



Join us to see the art work that has been created in our art classes. Mingle with some of our FiftyForward artists and enjoy some light refreshments. Our art classes have been an amazing way for our members to expand their art knowledge or begin their art knowledge with our instructor Kim Lane.

If you are interested in submitting your artwork contact Nikki at 615-622-3040 or stop in the office.

Bellevue Family YMCA Upcoming Events

- **The Titans vs Texans: Sunday, September 16th**
 - Join us for the Titans home opener
 - Game time is 12:00pm; Pickup time TBD
 - \$75; Transportation & Ticket
 - *Please note that there will be no refunds on tickets*



CONTACT: Regena Hooker, AOA Coordinator
Phone: 615-6469622 or Email: rhooker@ymcamidtn.org

FiftyForward J. L. Turner Center
presents

An Evening
in OLD HOLLYWOOD

benefiting FiftyForward J. L. Turner Center

FRIDAY, SEPT. 28, 2018; 6-9 P.M.

HELD AT FIFTYFORWARD MARTIN CENTER

960 HERITAGE WAY, BRENTWOOD, TN 37027

- Dinner
- Silent auction
- Live band
(playing timeless 1940s swing)
- Dancing
- Red Carpet photo booth

Classy Casual to Cocktail Dress Welcome

\$75 general admission

\$50 FiftyForward members

(table discounts available)



For more information or tickets, call 615-622-3040;
email dstogner@fiftyforward.org or visit the center.



Join us for a delicious catered dinner, silent auction, live swing music from the 1940s, dancing and more between 6-9 p.m. on September 28th at the beautiful FiftyForward Marin Center in Brentwood.

This is a festive event where YOU are the star so feel free to come as you are, cool like James Dean, or impress the paparazzi with your most glam red carpet look like Marilyn. Free professional photography at our Red Carpet Photo-booth by David Kincaid Photography will capture your big moment.

Tables of 8 are available at the discounted rate of \$360 for FiftyForward Members, \$550 for non-members.

100% of the proceeds will benefit the FiftyForward J.L. Turner Center. It'll be a terrific time celebrating old school Hollywood cool with great food and friends to support the programs and services of the center.

Shuttle service will be available to the Martin Center from the Turner Center on a first come first serve basis for Turner Members. Please see a Turner Center Ambassador if you wish to ride the bus. Space will be limited

Call us to reserve your tickets at 615-622-3040 or email dstogner@fiftyforward.org

Or

See an Ambassador or Staff Member at the Center Mon-Fri 9 am to 3 pm

Or

Mail a check for the cost of your ticket(s) to

FiftyForward J.L. Turner Center

8101 Hwy 100

Nashville TN, 37221

Mailed reservations must be received by Monday, September 24th. Please include how many tickets you are reserving in the memo line.