

MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<i>Martha Mosley 5/9</i> <i>Betty Kirkeminde 5/12</i> <i>Mark Stewart 5/12</i> <i>Sharol Hopwood 5/19</i>	<i>Sharon Lassiter 5/19</i> <i>Peg Augustine 5/27</i> <i>Wally Hoffman 5/29</i> <i>Janice Sledge 5/31</i>	1 MESSAGE 9:00 Zumba Gold 9:45 Stretch & Tone 10:30 Chair class 1 - 3 Quilting Bee	2 9:00 Quilting 10 - 1 Canasta 10:30 Chair Class CENTER CLOSSES AT 1:00	3 8:30 Aerobics 9:15 Yoga 10:15 Line Dance 11:00 Stained Glass Noon Dominoes	4	
5	6 9:00 Aerobics 9:45 Yoga 10:30 Chair class 10:30 Bob Ross Workshop	7 10 - 3 Canasta 10:00 Geology Class 10:30 Chair class	8 9:15 Daytrip · Rippavilla MESSAGE 9:00 Craft Studio 9:00 Zumba Gold 9:45 Stretch & Tone 10:30 Chair class	9 11:30 Lunch Noon: BUTTONS! 9:00 Quilting 10 - 3 Canasta 10:30 Chair Class	10 8:30 Aerobics 9:15 Yoga 10:15 Line Dance 11:00 Stained Glass Noon Dominoes	11	
	12	13 10:30 Daytrip · Fashion Show 9:00 Aerobics 9:45 Yoga 10 & 12:30 All of Us Enrollment 10:30 Chair class	14 9:30 Bible Class 10 - 3 Canasta 11:00 Chair class	15 Birthday Potluck Confucius Institute MESSAGE 9:00 Quilling Class 9:00 Zumba Gold 9:45 Stretch & Tone 10:30 Chair Class 1 - 3 Quilting Bee	16 9:00 Quilting 10:00 Makeovers with Walgreens 10 - 3 Canasta 10:30 Chair Class	17 8:30 Aerobics 9:15 Yoga 10:15 Line Dance 11:00 Stained Glass Noon Dominoes	18
 <p>WELLNESS CENTER</p> <p>Monday thru Friday: 6 - 10 am</p> <p>Monday thru Thurs.: 4 - 8 pm</p>	20 9:00 Aerobics 9:45 Yoga 10:30 Chair class 10:30 Bob Ross Workshop 1:00 BINGO	21 9:00 Book Club 9:30 Mani-pedis & haircuts 9:30 Card lamination 10 - 3 Canasta 10:30 Chair class	22 MESSAGE 9:30 Grove Rovers 9:00 Zumba Gold 9:45 Stretch & Tone 10:30 Chair class	23 11:30 Lunch Noon: Name That Tune! 9:00 Quilting 10 - 3 Canasta 10:30 Chair Class	24 8:30 Aerobics 9:15 Yoga 10:15 Line Dance 11:00 Stained Glass Noon Dominoes	25	
	27 CENTER CLOSED 	28 9:30 Bible Class 10 - 3 Canasta 10:30 Blood Pressure 11:00 Chair class	29 MESSAGE 9:00 Zumba Gold 9:45 Stretch & Tone 10:30 Chair class	30 9:00 Quilting 10 - 3 Canasta 10:30 Chair Class	31 8:30 Aerobics 9:15 Yoga 10:15 Line Dance Noon Dominoes		