

A Publication of
FiftyForward Bordeaux
3315 John Mallette Drive
Nashville, TN 37218
Office: (615) 248-2272
Fax: (615) 248-7607

www.FiftyForward.org

3315 John Mallette Drive Nashville, TN 37218 ☒
(615) 248-2272

Center Open/Mon.- Fri./8a.m.-4p.m.

May 2019

- ◆ May 3rd - Diabetes of the GO!
- ◆ May 8th - UTK Extension
- ◆ May 9th—All of Us
- ◆ May 9th - Celebrating Our Mother's
- ◆ May 10th — Matthew Walker
- ◆ May 14th - Quilting by Hand
- ◆ May 14th - Metro Wind Ensemble
- ◆ May 16th Walking Club
- ◆ May 18th - Planting Day
- ◆ May 22nd- Spades Tournament / RUMMIKUB
- ◆ May 23rd - Second Harvest Food Bank
- ◆ May 31st - Field Trip



Mayor's office visits FiftyForward Bordeaux



Eben Cathey from the Mayor's office visited our Center at the end of March. We enjoyed the calm disposition of Eben. Eben is the Community Engagement Director in the Office of Mayor David Briley and has been in his current role since November 2018. The Community Engagement Director is responsible for working toward being aware of issues throughout communities and the City. Eben engaged our members with a candid discussion about what their needs were within Bordeaux and the City of Nashville. Our members had a candid conversation with Eben about their needs within Bordeaux and what direction they believe Nashville is going.



May Birthdays

Blakely, Alma	May 4
Wiggins, Deborah	May 5
Black, Ann	May 13
Fisher, Julia	May 20
Grinnage-Gray Janice	May 21
Peters, Vera	May 26
Busey, Lebron	May 3

OUR MISSION

FiftyForward supports, champions and enhances life for those 50 and older.

We are happy to provide FREE Wi-Fi here at the center. Look for the FiftyForward Guest Network and type in 50Forward as the Password.



SENDING EASTER CHEER TO OUR COMMUNITY NURSING HOMES

Many people rely on nursing homes to care for family members at the end of their lives. A great nursing home makes all the difference in a loved one's quality of life, so it's a wonderful idea to visit nursing homes in your community to ensure that everyone is touching their lives. Robert Arnell, Carolyn Hall, Angela Lanier, Freda Minnis and Patricia Malone visited Cumberland and Bordeaux on April 18. It warmed our hearts as much as it warmed the hearts of the members at the nursing homes. We look forward to returning next year.



CELEBRATING EASTER AT FFB



FFB Easter Photo Frame

MONELL'S CATERED OUR EASTER LUNCH. Monell's is rated #1 Restaurant in Nashville & Top 100 Restaurants in USA.

Southern Family-Style Dining



THERE IS NOTHING LIKE A FFB PARTY!!!!



Songs For Sound is a 501c3 charity founded on a heartwarming story & a passionate objective to bridge the gap between “I think have hearing loss” and quality hearing healthcare while increasing inclusion and opportunities for those with hearing loss and deafness.



FFB
Getting their hearing tested!



Fifty Forward Bordeaux received the 2019 Community Partner Service Award from TSU.



Tennessee State University Center for Service Learning & Civic Engagement is one of our partners this year and we were nominated and received the Community Partner Service Award on Thursday April 18, 2019. We look forward to a continued relationship with TSU Community Service Scholars, providing a place for the intergenerational exchange through conversation, games, fellowship and overall connectedness. TSU students come to the Fifty Forward Bordeaux Program and engage with our active members in a variety of ways. Ms. Stevie Hunter brings the Community Service Scholars to participate in our center activities. Ann Black, Advisory Board Member accompanied us to the Awards Banquet.

All of Us with FiftyForward Bordeaux



FFB participated in an Educational and Informative Presentation regarding the All of Us Research Program topped off with Witts BBQ for lunch!!!!!!

The All of Us Research Program has a simple mission: to speed up health research breakthroughs. To do this, we're asking one million people to help us lead the way in discovering better care for all of us.

What is the All of Us Research Program?

Creating the right health approaches and care for the right person is called precision medicine. Getting the right information to make that happen is the goal of the All of Us Research Program from the National Institutes of Health (NIH).

By understanding people's health, neighborhood, family, and lifestyle, researchers will have information to better understand health and disease. This information is essential to create a healthier future for generations to come. To get there, we are creating the largest health data resource ever.

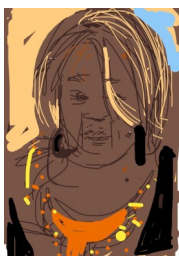
Connect with us!

Learn more about the programs and services of FiftyForward. Visit www.fiftyforward.org Connect with us on social media: www.facebook.com/FiftyForward

See photos of past special events: <https://www.flickr.com/photos/fiftyforward/albums>



Jodi, Artist



Maranda Tibbs, Member

TRUE FACTS ABOUT

Mother's day is an occasion which is celebrated in various parts of the world to express respect, honor and love towards mothers. The day is an event to honor the contribution of mothers, acknowledge the efforts of maternal bonds and the role of mothers in our society.



FiftyForward Bordeaux Inclement Weather Policy!

If **Metro Schools** are closed, we will NOT have our regular daytime programming, classes, events or scheduled trips. However, our office **will** still open, although possibly on a delayed schedule.

2019



June

- June 1st—Planting
- June 4th—Quilting By Hand
- June 5th—Diabetes on the Go!
- June 12th—UTK Extension
- June 13th—All of Us
- June 14th—Father's Day Celebration
- June 19th—Spades and RUMMIKUB
- June 21st—United Healthcare Bingo
- June 23rd—Second Harvest
- June 28th—Hats Off to Bordeaux

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INFORMATION

CALL 615-248-2272

- Baby Showers
- Graduation Parties
- Bridge Club
- Chess Club
- Social Club
- Church Meetings

Quote of The Month

LOVE has no value unless it is SHARED!

DIRECTOR'S MESSAGE

THE MOTIVATED man or woman must have that personal quality of **initiative**, that inner urge that prods him or her from a position of inertia to **movement, change, and action.**

Center Director, Melvin D. Fowler



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