

FiftyForward Bordeaux is on the Move!  
#catchthebordeauxwave!!




**FiftyForward Bordeaux**  
3315 John Mallette Dr.  
Nashville, TN. 37218  
615 248 -2272

*Fifty  
Forward*  
Love life at 50+

**June 2019**

\* All Activities Are Subject To Change \*

Open: Monday–Friday from 8 a.m.–4p.m.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Don't Forget To Pay Your Monthly Membership by</i>						<b>1 2019 Membership Fees Are Due</b> \$12.00 per/month \$144.00 - Annually
<i>Don't Forget To Pay Your Monthly</i>	<b>3 Aging Mastery Program 10AM</b> Walk Across TN. Paperwork	<b>4 Sports 4 All 10AM</b> Quilting By Hand 10AM Chat and Chew 11AM MW Ensemble 12PM	<b>5 Living At Home 8AM</b> Deloitte Tech Days 10AM–12PM Diabetes on the GO 11AM Matthew Walker	<b>6 Bible Study 11AM</b> Advisory Board Mtg. Closing at 1PM	<b>7 Fun Day! TSU</b> Fees Due Today!!! Grocery Shopping	<b>8</b>
<b>9</b>	<b>10 Aging Mastery Program 10AM</b> Hadley Park Walking Club 10AM Author Petra Wade	<b>11. VOC Presentation 9:30AM</b> Quilting By Hand 10AM MW Ensemble 12PM	<b>12</b> Hadley Park Walking Club 9AM Let's Go Digital 11AM Cigna Health 10AM	<b>13</b> Walking Club 10AM Bible Study 11:00AM Fun Facts Arts and Crafts 9AM	<b>14 Wear Purple Day</b> World Elder Abuse Awareness Day Father's Day Celebration Sheriffs Office	<b>15</b>  June 15th
<b>16</b> 	<b>17 Aging Mastery Program 10AM</b> Smoothie Day Walking Club 12PM	<b>18 Quilting By Hand 10AM</b> Sports 4 All 10AM Nutrition Garden 10:30AM	<b>19 Living At Home 8AM</b> Fifth Third Presentation 11AM Let's Go Digital 11AM	<b>20 Walking Club "Y" 9:30AM</b> Second Harvest 10:30AM Bible Study 11AM	<b>21 United Healthcare Bingo!</b> 10am- 12pm	<b>22</b>
<b>23</b>	<b>24 Music for Seniors 10AM</b> Aging Mastery Program 10AM	<b>25 Quilting By Hand 10AM</b> Flower Power 10:30AM UTK Ebony 11AM Metro Wind Ensemble	<b>26 Diabetes on the GO 10:00AM</b> Spades Tournament 11:00AM RUMMIKUB	<b>27 Bible Study 11AM</b> BINGO! Birthday Club 12:30PM	<b>28 Center Closed</b> Field Trip "Hats off to Bordeaux" 9AM	<b>29</b>
<b>30</b> 	<b>31 Aging Mastery Program 10AM</b> Walking Club 10AM Bingo	<b>Did you invite a "Friend" this month?</b>	