July 2019 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekly Ongoing 9:15-10:15 Pilates 9:00-3:00 Card Crusaders 10:30-3:00 Poker	Weekly Ongoing Massage 8:30-9:30 Weight Watchers 9:30-12:00 Scrabble 10:00-12:30 Watercolor 10:00-12:00 Billiards 11:00- 3:30 Game Day 1:15-2:00 Martin Movers	Weekly Ongoing 9:00-12:00 Morning Bridge 9:00-3:00 Card Crusaders 9:15-10:15 Total Fitness 12:30-3:30 Afternoon Bridge	Weekly Ongoing Massage 9:00-10:00 Tai Chi 9:30-3:00 Canasta 9:30-12:30 Oil Painting 10:00-12:00 Knitting/Billiards 10:15 -11:30 Yoga & Chair Yoga 1:00-3:30 Open Studio	Weekly Ongoing 9:30-10:00 Stretch & Flex 10:30-3:30 Freelance Painting 11:00 -3:30 Open Card Day Movies 07.12 1:00-3:30 King's Speech 07.26 1:00-3:30 The Wife	
Special Events 07.01 The 4th Celebration 4:00-6:00pm 07.22 11:30-1:00pm Smart Women Financial Literacy Series (with Lunch)	Special Events 07.09 10:30-11:30 Book Club 07.09 10:30-11:30 Program Committee Meeting 07.16 Potluck 11:30- 1:00pm Bingo: 1:15 pm	Special Events 07.03 1:00-3:00 Beading Buddies	Special Events 07.11 11:30am -1:00pm WMC Lunch & Learn: What to expect when you go to the E.R. 07. 18 11:30-12:30 Artist Brunch	Special Events	
Trips & Gatherings	Trips & Gatherings 07.09 4:00pm Happy Hour: Mere Bulles 07.23 4:00pm Happy Hour Drake's	Trips & Gatherings 07.24 Cheekwood Concert Pam Tillis bus leaves at 9:30	Trips & Gatherings 07.25 4:00-6:00 Music City Tea	Trips & Gatherings 07.19 Tennessee State Museum tour bus leaves at 9:30am Fifty Forward Lovelife at 50+	Trips & Gatherings 07.13 Amish Heritage Welcome Center and Museum bus leaves 9:00am 07.27 Breakfast at Ruby Sunshine bus leaves 9:00am