September 2019

Fifty Forward Martin Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.	2. Center is Closed for Labor Day	3. Massage Weight Watchers: 8:30-9:30 Scrabble: 9:30-12:00 Watercolor: 10:00-12:30 Billiards: 10:00-12:00 Book Club 10:30 Game Day: 11:00- 3:30 Martin Movers 1:15-2:00 Program Service Meeting 10:30am-11:30	4. Bridge 9:00-12:00 Card Crusaders 9:00-3:00 Total Fitness 9:15-10:15 ———— Bridge 12:30-3:30 Indian Folk Dance Movement 2:00-3:00pm	5. Massage Tai Chi: 9:00-10:00 Canasta: 9:30-12:00 Oil Painting: 9:30-12:00 Knitting/Billiards: 10-12 Yoga: 10:15 -11:30 Fifty Forward Travel Trip: Harrah's Casino	6. Stretch & Flex: 9:30-10:00 Freelance Painting: 10:30-3:30 Game Day: 11:00 -3:30 Freelance Bridge ————	7.
8.	9. Pilates: 9:15-10:15 Card Crusaders: 9:00-3:00 Poker: 10:30-3:00 ———— (FiftyForward Travel Trip to Han-	10. Massage Weight Watchers: 8:30-9:30 Scrabble: 9:30-12:00 Watercolor: 10:00-12:30 Billiards: 10:00-12:00 Book Club 10:30 Game Day: 11:00- 3:30 Martin Movers 1:15-2:00 Book Club 3:00-4:00 10:00-11:00 Learn How to Sell Collectibles Talk (FiftyForward Trip to Hannibal 09.09-09.12)	11. Bridge 9:00-12:00 Card Crusaders 9:00-3:00 Total Fitness 9:15-10:15 ———— Bridge 12:30-3:30 Beading Buddies 1:00-3:00 (FiftyForward Trip to Hannibal 09.09-09.12)	12. Massage Tai Chi: 9:00-10:00 Canasta: 9:30-3:00 Oil Painting: 9:30-12:30 Knitting/Billiards: 10-12 Yoga: 10:15 -11:30 ———— Open Studio: 1:00-3:30 (FiftyForward Travel Trip to	13. Stretch & Flex: 9:30-10:00 Freelance Painting: 10:30-3:30 Game Day: 11:00-3:30 Lunch Around Town: Uncle Julio's Depart 11:00am Community Fish Fry at FiftyForward Bordeaux Center 11:00-3:00 Showtime: 1:00-3:30 About a Boy	14.
15.	16. Pilates: 9:15-10:15 Card Crusaders: 9:00-3:00 Poker: 10:30-3:00 ————	17. Massage Weight Watchers: 8:30-9:30 Scrabble: 9:30-12:00 Watercolor: 10:00-12:30 Billiards: 10:00-12:00 Game Day: 11:00-3:30 Martin Movers 1:15-2:00 Potluck: 11:30-1:00pm Bingo: 1:15	18. Bridge 9:00-12:00 Card Crusaders 9:00-3:00 Total Fitness 9:15-10:15 ———— Bridge 12:30-3:30 Lantern Making with Dot Small 10:00-2:00pm Indian Folk Dance Movement 2:00-3:00pm	19. Massage Tai Chi: 9:00-10:00 Canasta: 9:30-3:00 Oil Painting: 9:30-12:30 Knitting/Billiards: 10-12 Yoga: 10:15 -11:30 Open Studio: 1:00—3:30 Healthier Together: Mental Health 1:00pm-2:00pm	20. Stretch & Flex: 9:30-10:00 Freelance Painting: 10:30-3:30 Game Day: 11:00-3:30 ————	21. Lunch at Blue Chair in Sewanee depart at 10:00am
22.	23. Pilates: 9:15am-10:15am Card Crusaders: 9:00-3:00pm Poker: 10:30am-3:00pm ———— 10:00am Chats Around the Fireplace: Publix Delivery Service with Suzanne Rainwater 11:30 Lunch & Learn Fall Prevention with David	24. Massage Weight Watchers: 8:30-9:30 Scrabble: 9:30-12:00 Watercolor: 10:00-12:30 Billiards: 10:00-12:00 Martin Movers 1:15-2:00 Game Day: 11:00-3:30 ————	25. Bridge 9:00-12:00 Card Crusaders 9:00-3:00 Total Fitness 9:15-10:15 ———— Bridge 12:30-3:30	26. Massage Tai Chi: 9:00-10:00 Canasta: 9:30-3:00 Oil Painting: 9:30-12:30 Knitting/Billiards: 10-12 Yoga: 10:15 -11:30 ———— Open Studio: 1:00—3:30	27. Stretch & Flex: 9:30-10:00 Freelance Painting: 10:30-3:30 Game Day: 11:00 -3:30 Showtime: 1:00-3:30 The Jungle Book ————	28.
29.	30. Pilates: 9:15am-10:15am Card Crusaders: 9:00-3:00pm Poker: 10:30am-3:00pm ————					