



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1. Program Service Meeting 10:30-11:30 a.m.	2. Indian Folk Dance Movement 2-3 p.m.	3. Let's Get Moving: Decluttering and Organizing 11:30-1 p.m.	4. Showtime: Turner & Hooch, 1-3:30 p.m.	5. FiftyForward Travel: Cape Cod (Oct.5-13)
6.	7. Beer & Brats with Friends: 3:30-6 p.m.	8. Book Club 10:30-11:30 a.m.	9. Beading Buddies 1-3 p.m. Leiper's Fork Trip: Depart 10 a.m. Lunch and Shopping	10. Martin Chefs: Flavored Vinegars and Oils 11:30-12:30 p.m. Men's Breakfast Table of Knowledge 8:30-9:30	11. Showtime: 1-3:30 p.m.: West Side Story Women's Health: Break Free from Pelvic Floor Disorders 9-10 a.m.	12.
13.	14. Healthier Together: Fall Prevention 1 p.m.	15. Potluck: 11:30 a.m.-1 p.m. Bingo: 1:15 p.m.	16. Indian Folk Dance Movement 2-3 p.m.	17. Closed for Martin Masters prep	18. Closed for Martin Masters prep Martin Masters Arts Show Reception 5-8 p.m.	19. Martin Masters Arts Show and Sale 10 a.m.-4 p.m.
20.	21. Lunch Around Town: Southern Hospitality Diner Meet at 11:30 a.m. Fifty Forward Travel: Tropicana Casino	22. Seniors Got Talent Franklin Theatre, depart at 6:30 p.m.	23.	24. Food Truck Fun 11:30 a.m.-1 p.m. Sweet Things Roundtable Talk 10-11 a.m.	25. Center Closed for Staff Retreat	26.
27.	28. Hallo-wine Event: 3:30-5 p.m.	29. Lunch Around Town: Spaghetti Factory Depart at 11 a.m.	30.	31.		

REGULAR CLASSES

Mondays

9 a.m. Card Crusaders
9:15 a.m. Pilates

Tuesdays

Massage
8:30 a.m. Weight Watchers
9:30 a.m. Scrabble
10 a.m. Watercolor
10 a.m. Billiards
11 a.m.-3:30 Game Day

Wednesdays

9 a.m. Bridge
9 a.m. Card Crusaders
9:15 a.m. Total Fitness
12:30 p.m. Bridge

Thursdays

Massage
9 a.m. Tai Chi
9:30 a.m. Canasta
9:30 a.m. Oil Painting
10 a.m. Knitting/Billiards
10:15 a.m. Yoga
1 p.m. Open Studio

Fridays

9:30 a.m. Stretch & Flex
10:30 a.m. Freelance Painting
11 a.m. Game Day