

July 2021 Martin Center Program Calendar

Please carefully read the program description page to learn more about each offering and to see which programs require registration. To register, please use the Membership Portal: <https://fiftyforward.org/member/#myaccount>. We follow CDC safety guidelines.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 7 a.m. Early Bird Walking Club 9 a.m. Canasta 10 a.m. Billiards 10 a.m. Yarn Art 10:30 a.m. Exercise DVD Class 1 p.m. Open Art Studio	2 No In-Center Programming	3
4	5 FiftyForward Centers & Offices Closed for July 4 Holiday	6 9 a.m. Chat time and Community 9:30 a.m. Scrabble 10 a.m. Billiards 10 a.m. American Trivia 12 p.m. Game Day 1 p.m. Line Dancing	7 9 a.m. Bridge 9 a.m. Card Crusaders 10 a.m. Exercise with Jenny/SS 12:30 p.m. Bridge in the Afternoon 4 p.m. Wine About It Wednesday	8 7 a.m. Early Bird Walking Club 9 a.m. Canasta 10 a.m. Billiards 10 a.m. Yarn Art 10:30 a.m. Exercise DVD Class 1 p.m. Open Art Studio	9 No In-Center Programming	10
11	12 9 a.m. Card Crusaders 10 a.m. Exercise with Jenny/SS 10 a.m. Bluebird Café Senior Show 10:30 a.m. Euchre 10:30 a.m. Poker 11 a.m. H & F Canasta 1 p.m. BINGO 1 p.m. Watercolors 2 p.m. Ice Cream Social	13 9 a.m. Chat time and Community 9 a.m. Intro to Opera 9:30 a.m. Scrabble 10 a.m. Billiards 10 a.m. Martin Crafters 12 p.m. Game Day 1 p.m. Line Dancing	14 9 a.m. Bridge 9 a.m. Card Crusaders 10 a.m. Exercise with Jenny/SS 12:30 p.m. Bridge in the Afternoon 1 p.m. Showtime at Martin	15 7 a.m. Early Bird Walking Club 9 a.m. Canasta 10 a.m. Billiards 10 a.m. Yarn Art 1 p.m. Open Art Studio	16 No In-Center Programming	17
18	19 9 a.m. Card Crusaders 10 a.m. Exercise with Jenny/SS 10:30 a.m. Poker 11 a.m. H & F Canasta 1 p.m. BINGO 1 p.m. Watercolors	20 9 a.m. Chat time and Community 9 a.m. Veterans Group 9:30 a.m. Scrabble 10 a.m. Billiards 10:30 a.m. Book Group 12 p.m. Game Day 1 p.m. Line Dancing 2 p.m. Fred Frawley Musical Hootenanny	21 9 a.m. Bridge 9 a.m. Card Crusaders 10 a.m. Exercise with Jenny/SS 12:30 p.m. Bridge in the Afternoon 4 p.m. Meet & Eat at Uncle Julio's	22 7 a.m. Early Bird Walking Club 9 a.m. Canasta 10 a.m. Billiards 10 a.m. Yarn Art 10:30 a.m. Exercise DVD Class 1 p.m. Open Art Studio	23 No In-Center Programming	24
25	26 9 a.m. Card Crusaders 10 a.m. Exercise with Jenny/SS 10:30 a.m. Euchre 10:30 a.m. Poker 11 a.m. H & F Canasta 1 p.m. BINGO 1 p.m. Watercolors	27 9 a.m. Chat time and Community 9 a.m. Intro to Opera 9:30 a.m. Scrabble 10 a.m. Billiards 10 a.m. Martin Crafters 12 p.m. Game Day 1 p.m. Line Dancing	28 9 a.m. Bridge 9 a.m. Card Crusaders 10 a.m. Exercise with Jenny/SS 12:30 p.m. Bridge in the Afternoon 1 p.m. Showtime at Martin	29 7 a.m. Early Bird Walking Club 9 a.m. Canasta 10 a.m. Billiards 10 a.m. Yarn Art 10:30 a.m. Exercise DVD Class 1 p.m. Open Art Studio	30 No In-Center Programming	31

FiftyForward Martin Center PROGRAM INFORMATION



Early Bird Walking Club Thursdays, July 1, 8, 15, 22 & 29, 7-8 a.m. Join other early risers to get some steps in with friends while walking around the loop at Tower Park.

Canasta Thursdays, July 1, 8, 15, 22 & 29, 9 a.m.-3 p.m. Join your best game-playing friends for some fun with canasta.

Billiards Group Thursdays, July 1, 8, 15, 22 & 29 and Tuesdays, July 6, 13, 20 & 27, 10 a.m.-3 p.m. Billiards room.

Yarn Art Group Thursdays, July 1, 8, 15, 22 & 29, 10 a.m.-12 p.m. Yarn art enthusiasts are welcome to meet in the Commons Area to work on their current projects.

Exercise DVD Thursdays, July 1, 8, 15, 22 & 29, 10:30-11:30 a.m. Join others for this video-guided exercise class developed by the National Institutes of Health to help improve mobility.

Open Studio Art Thursdays, July 1, 8, 15, 22 & 29, 12:30-3 p.m. Artists of all media types are welcome to meet in Classrooms 1 & 2 for an opportunity to work on their current projects.

Community Chats Tuesdays, July 6, 13, 20 & 27, 9-11 a.m. Join your friends and share conversations about various topics. Held in the Multi-Purpose room.

Scrabble Tuesdays, July 6, 13, 20 & 27, 9:30 a.m.-12 p.m. Join friends for a hardy game of scrabble.

American Trivia Tuesday, July 6, 10-11 a.m., Registration required. Join us for a patriotic game of trivia and test your knowledge of American trivia. Stop by the center daily for hints. An All-American prize awaits the lucky winner of American trivia!

Game Day Tuesdays, July 6, 13, 20 & 27, 12-3 p.m. Join your friends for a fun game of your choice.

Line Dancing Tuesdays July 6, 13, 20 & 27, 1-2 p.m. This is what we have all been waiting for! Join Bonnie Wood as she brings her skills to the Martin Center for some fun and fitness. Learn how to do all your favorite line dances while getting in some great exercise.

Bridge Wednesdays, July 7, 14, 21 & 28, 9 a.m.-12 p.m. and 12:30-3:30 p.m. Join your friends for a fun game or two of Bridge.

Card Crusaders Wednesdays, July 7, 14, 21, 28 & Mondays, July 12, 19, 26, 9 a.m.-3 p.m. The Card Crusaders are welcome to work on their projects inside the Card Crusader room.

Wine About It Wednesday Wednesday, July 7, 4-5 p.m. Sip back and relax with friends! Bring your own hors d'oeuvre and wine.

Total Fitness Wednesdays, July 7, 14, 21, 28 & Mondays, July 12, 19, 26, 10-11 a.m. Focuses on strengthening muscles and increasing range of movement for daily life activities. Please bring your own equipment, including hand held weights, if you wish. A chair will be provided. Classes led by Jenny Zaves. \$5 per person if you do not have the insurance benefit.

Bluebird Café Senior Show Monday, July 12, 10 a.m. Join us as we stream the Bluebird Café's monthly senior show featuring a live performance. Watch in the center or call for the link to watch at home.

Intro to Euchre Mondays, July 12 & 26, 10:30-11:30 a.m. Join Mike and Ann Kelley to learn how to play this fun game!

Poker Mondays, July 12, 19 & 26, 10:30 a.m.-12:30 p.m. Join your friends for a friendly game of poker. Limit 4 per table.

Hand & Foot Canasta Mondays, July 12, 19 & 26, 11 a.m.-2:30 p.m. Stop by for an exciting game of Hand & Foot Canasta - all levels of experience are welcome!

Watercolor Art Class Mondays, July 12, 19 & 26, 1p.m.-3 p.m. Watercolor in all its glory. Bring your creative side and unlock your passion for watercolor. **Cost: \$12 a class** Those interested in watercolor classes need to bring watercolor paper, 150lb or thicker, their watercolor paints, a container for water, and brushes.

BINGO with Community Partners Mondays, July 12, 19 & 26, 1-2:30 p.m. Join local community partners for a few games of BINGO and a chance to win prizes.

Ice Cream Social Monday, July 12, 2-3 p.m., Registration required. Join us as we enjoy some sweet treats and catch up with friends!

Intro to Opera Tuesdays, July 13 & 27, 9 a.m.-10 a.m. Join Conrad Jacobs and other music lovers as we learn about the wonderful world of opera!

Martin Crafters Tuesdays, July 13 & 27, 10 a.m.-12 p.m. Join us as we create unique, personalized craft projects. Ask at center for description of projects. Held in Art room.

Showtime at Martin Wednesdays, July 14 & 28, 1-3 p.m. Join friends to relax, chat and watch a movie.

Veterans Group Tuesday July 20, 9-10 a.m. Join Fred Frawley and other veterans to chat about your memories of service.

Book Club Tuesday, July 20, 10:30- 11:30 a.m. Ann Kelly and Natalie Mertie are bringing back the Book Club! Join them this month for *Anatomy of a Murderer* by Robert Traver.

Fred Frawley's Musical HOOTENANNY Tuesday, July 20, 2-3:30 p.m. in center and on Zoom. Join Fred & Friends for a musical trip back in time to the 50s & 60s folk music revival. All instrumental musicians and singers are welcome to join in.

Meet & Eat Happy Hour Wednesday, July 21, 4 p.m. at Uncle Julio's. Drive yourself and meet at Uncle Julio's in Brentwood for some fun, food, and friends.