

January Virtual Programming

Denotes Zoom meeting

To participate and connect to any of these virtual programs below, please sign up in advance via the Membership Portal to receive Zoom links and additional information. The hosting center is listed to the right of the program name (if program is on Zoom).

Writers Group (Knowles)

Mondays in January (no group on Jan. 17), 1 p.m. on Zoom.

Join the FiftyForward Knowles Writers group, a meeting where writers share their memoirs. This is a great way to travel down memory lane and connect with fellow FiftyForward members.

Armchair Travel (Martin Center)

Monday, Jan. 10, 2 p.m. Get those passports ready! Come travel the world with your friends, all from the comfort of the Martin Center. Call the center if you would like to watch from home. This month we will travel to the Caribbean!

Bible Study (Donelson Station)

Saturday, Jan. 21, 10 a.m. on conference line The Bible Study group will be meeting through a conference line. Please sign up through the portal to receive an email with the login information.

Denotes member-led program

Armchair Travel (College Grove)

Monday, Jan. 24, 1 p.m. Get those passports ready! Come travel the world with your friends, all from the comfort of the College Grove center. Call the center if you would like to watch from home. This month we will travel to China!

Walgreens Health Talk (Madison Station) Thursday, Jan. 27, 10 a.m. on Zoom. Join

pharmacists from our local Madison Walgreens to discuss relevant health-related topics.

Chat & Chew (Bordeaux)

Thursday, Jan. 27, 12 p.m. on Zoom. Join Bordeaux Center Director, Melvin Fowler, for a current events discussion.

New Additions to the Membership Portal Video Library

Did you know that access to the Membership Portal includes a video library filled with programs including Arts & Crafts, Fitness, Health & Wellness, Lifelong Learning, Entertainment, and Resources? We hope you check out these programs newly-added to our video library this month:

- Georgina's Best Bakes: Victoria Sponge: <u>https://youtu.be/bmWQvMmfU3U</u>
- Cheese-Making Presented by Gordon Taylor: https://youtu.be/9IHgtY0dgfE
- Armchair Travel to New Orleans: https://youtu.be/QLp jrisjm8

You can access these programs by logging into your account here: <u>https://fiftyforward.org/</u> member/#myaccount