

January Center Day Trips

If you are interested in participating in any of these day trips or would like more information, please call the hosting center, sign up in the Membership Portal, or refer to each center's calendar.

Date	Trip	Center
Jan. 6	Civil Rights Room & Farmers' Market. Depart 10am. Cost: \$10 + Lunch	Madison
Jan 7	Lunch Bunch, Arnold's Country Kitchen. Depart 10:30am. Cost: \$10 + Lunch	Donelson
Jan. 8	Exploring Parks in Bordeaux (Outdoors). Depart at 9:30am. Cost: Free	Bordeaux
Jan. 9	Frist Art Museum Tour & Café Cheeserie. Depart 10:30am. Cost: \$10 + Lunch	Donelson
Jan. 10	Meet n Eat, Jonathan's Grille, 11a. Cost: Lunch	Donelson
Jan. 10	Marathon Motor Works & Lunch. Depart 10am. Cost \$10 + Lunch	Madison
Jan. 11	Grocery Shopping at Walmart. Depart at 9:30am Estimated return at 11am. Cost: \$5	Bordeaux
Jan. 13	Arnold's Country Kitchen. Depart 11am. Cost \$10 + Lunch	Madison
Jan. 14	Chair Yoga at Nashville Public Library, Bordeaux Branch. Depart at 10:15am, return at 11:30 am. Cost: Free	Bordeaux
Jan. 15	Rise n Shine, Nadeen's Hermitage Haven, 10am. Cost: Breakfast	Donelson
Jan. 15	Meet n Eat at Pancho & Lefty's at 11am. 2600 8th Avenue South #109, Nashville, TN 37204.	Knowles
Jan. 15	Capitol Hill Tour + Lunch at Amerigo's. 10:15a-3p. Cost \$15 + Lunch	Martin
Jan. 16	Thrifting Thursday with KiKi. Depart at 10am. Cost: \$10	Bordeaux
Jan. 16	Frist Art Museum. Depart 9:30am. Cost: \$10	Madison
Jan. 16	Frist Art Museum. Depart 11am. Cost: \$15 + Lunch	Turner
Jan. 21	Mystery Lunch, 10am-2pm. Cost: \$15 + Lunch	Martin
Jan. 23	Seniors on the Move Activity. Depart at 10am.	Bordeaux
Jan. 23	Mystery Lunch with Kelly, 10:30am. Cost: \$10 + Lunch	Madison
Jan. 23	International Food Tour: Wilco Fusion Grill, 11am-2:30pm. Cost: \$15 + Lunch	Martin
Jan. 24	Symphony Rehearsal & Lunch at The Lost Paddy. Depart 9:15am. Cost: \$10 + Lunch.	Donelson
Jan. 24	Nashville Symphony. Depart 9am. Cost: \$10	Madison
Jan. 24	Nashville Symphony. Depart 8:50am. Cost: \$15 + Lunch	Turner
Jan. 28	Oak Grove Casino. Depart at 9:30am. Cost: \$20 + expenses	Bordeaux
Jan. 28	Mystery Lunch, Depart 10:30am. Cost: \$15 + Lunch	Donelson
Jan. 28	Oak Grove Casino. Depart at 9am. Cost: \$20 + expenses	Knowles

Jan. 29	Oak Grove Casino. 9am-4:15pm. Cost: \$20 + expenses	Martin
Jan. 29	Oak Grove Casino. Depart 9:30am. Cost: \$20 + expenses	Turner
Jan. 30	Mystery Lunch w/Center Director. Depart at 10am. Cost: \$10 +lunch	Bordeaux
Jan. 31	Frothy Monkey Coffee Cupping Experience & Lunch at The Lost Paddy. Depart 9:15am. Cost: \$45 (includes private tasting & bag of coffee) + Lunch	Turner