

November 2025 FiftyForward Bordeaux Center Programs

Please see the program description page to learn more about each offer, and to see which activities require registration. **Events with an asterisk * require advance registration.** Please register at fiftyforward.org/member/.

Monday	Tuesday	Wednesday	Thursday	Friday
3 8:30a Games & Wii 10a Hartman Park Dance into Shape 12p Metro Meals* 1p Tech Help	4 8:30a Games & Wii 9a Casino Trip 12p Metro Meals* 1p Free Time	5 8:30a Games & Wii 10a Bible Study 12p Metro Meals* 1p Wii Games	6 8:30a Games & Wii 10a Hadley Park Senior Line Dancing 12p Metro Meals* 2p Advisory Council	7 8:30a Games & Wii 10a Walmart 12p Metro Meals* 1p BINGO
10 8:30a Games & Wii 10a Hartman Park Dance into Shape 12p Metro Meals* 1p Tech Help	11 8:30a Games & Wii 10a Arts & Crafts 11a Veterans Day 12p Metro Meals* 1p Line Dancing w/ Annette	12 8:30a Games & Wii 10a Walking Club 11a Lunch Club Day Trip 12p Metro Meals* 1p Getting to Know You	13 8:30a Games & Wii 10a Hadley Park Senior Line Dancing 12p Metro Meals* 1p Free Time	14 8:30a Games & Wii 10a Senior Power Hour Looby Library 12p Metro Meals* 1p BINGO
17 8:30a Games & Wii 10a Thanksgiving Luncheon 12p Metro Meals* 1p Tech Help	18 8:30a Games & Wii 10a Thrifting w/ KiKi 12p Metro Meals* 1p Movie Time	19 8:30a Games & Wii 10a Bible Study 11a Crochet Class 12p Metro Meals* 1p Spades Session	20 8:30a Games & Wii 10a Hadley Park Senior Line Dancing 12p Metro Meals* 1p FFB Support Group	21 8:30a Games & Wii 10a New Member Orientation 12p Metro Meals* 1p BINGO
24 8:30a Games & Wii 10a Mall Trip Monday 11a Music for Seniors 12p Metro Meals* 1p Tech Help	25 8:30a Games & Wii 10a Arts & Crafts 12p Metro Meals* 1p Line Dancing w/ Annette	26 8:30a Games & Wii 10a Bible Study 11a Crochet Class 12p Metro Meals* 1p Karaoke w/ KiKi	27 FiftyForward Centers & Offices Closed	28 FiftyForward Centers & Offices Closed



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RECURRING CLASSES, ACTIVITIES, & GROUPS:

Metro Meals Monday-Friday, 12p – 1p No Metro Meals on days the center is closed. Metro Meals offers their free lunch program to interested and approved seniors age 60+. Applications are available at the front desk.

Walking Club, Wednesday November 12, at 10a Join us as we walk, enjoy nature, and strengthen our cardio.

Arts and Crafts, November 11&25 at 1p. Join us in the fun and interesting arts and craft projects led by one of our members, Ms. Freda.

Bible Study November 5, 19, & 26 at 10a. Minister Larry Harrison will be leading our weekly Bible Study.

BINGO Friday, November 7, 14, & 21 at 1p. Come and join FiftyForward Bordeaux for some social BINGO FUN! We have some nice BINGO prizes for all who attend!

Cards, Puzzles, Word Searches, Wii games Monday-Friday, 8:30 a.m.-3:30p. Stop by the center to play cards, tackle a puzzle, play Rummikub, or try your hand at Wii Sports!

Line Dancing w/Annette Tuesday, November 11 & 25; 1p. Cost: Free. Come learn some new dance moves in our Line Dance class on the Bordeaux Dance floor w/ Annette Howse.

Music for Seniors Monday, November 24; 11 a.m. Members will enjoy music by one of Music for Senior's great musicians.

New Member Orientation Friday, November 21; 10a. New member orientation is designed to introduce new members to the FiftyForward Bordeaux culture.

MONTHLY MEETINGS

Advisory Council Meeting Thursday, November 6; 2 p. Every first Thursday of the month members of the advisory council meet to discuss different topics and ideas to ensure FiftyForward Bordeaux is growing, succeeding, and providing opportunities for our members.

SPECIAL PROGRAMS & EVENTS:

Tech Help Monday, November 3, 10, 17, & 24; 1p. Join us as Matthew Santana with the Looby Branch assist our seniors with selective tech topics & concerns

Hartman Park Dance Into Shape Monday, November 3 & 10, 10a This is a lively and social activity where older adults come together to learn and dance to choreograph dance routines. We will meet at the Hartman Park Community Center for this class.

Wii Games Wednesday, November 5; 1p, Try your hand at Wii Sports

Hadley Park Senior Line Dancing Thursday, November 6, 13, & 20 10a This is a lively and social activity where older adults come together to learn and dance to choreograph dance routines. We will meet at the Hadley Park Community Center for this class.

Getting To Know You Wednesday, November 12; 1p.m. Join us as members share things about themselves and life experiences.

Movie Time Tuesday, November 18, 1p Let's watch a movie together. Bring your favorite theatre snack and enjoy a movie!

Crochet Class Wednesday, November 19 & 26; 11a. Join us as we laugh, chat, connect, & dabble with crocheting. Member Derry Wilson will share her skills and techniques with us. All experience levels welcome.

Spades Session Wednesday, November 19, 1p. Join us as we share in a game of spades. All experience levels welcome.

FFB Support Group Thursday, November 20, 1p. Join us as we provide a safe space for members to share their experiences, feelings, and coping strategies or firsthand information about any issues on members' minds.

Karaoke w/ KiKi Wednesday, November 26, 1p. ALL VOICES WELCOMED! Music has a way of bringing people together. Join KiKi as we sing one of your favorite songs or pick one of the mystery songs from the jar!

DAY TRIPS

Casino Trip Tuesday, November 4; Depart at 10a. Cost: \$25 **registration is required.**

We're headed to Oak Grove Casino! **Mike Driving**

Grocery Shopping—Walmart Friday, November 7; Depart at 9:30a. Estimated return at 11a. Cost: \$5 Transportation Fee, **Registration is required.** Members will travel to the grocery store for a social shopping trip. **KiKi Driving**

Senior Power Hour Looby Library Friday, November 14, 10:30a. Departure at 10:00a. Senior Power Hour is a dedicated time for senior citizens to connect with one another, enjoy light refreshments, and participate in engaging activities like bingo, Rummikub, puzzles, and more. This initiative aims to foster community, providing a fun and welcoming environment for seniors to network and socialize. **Registration is required. KiKi Driving**

Mall Trip Monday Monday, November 24; Departure at 9am. Join us for fun and fellowship as we explore one of Nashville's local malls. **Cost: \$10 transportation fee. KiKi driving**

Lunch Club Day Trip Wednesday, November 12; Depart at 10:00a. Cost: \$10 Transportation Fee, **Registration is required** Join center director; Melvin Fowler for lunch at one of Nashville's local restaurants. Members are responsible for purchasing their meal. **Melvin Driving**

Thrifting w/ KiKi Tuesday, November 18, 10-1:00p. Departure at 9:30a. Join Program Coordinator, KiKi for a trip to one of our local thrift stores. **Cost \$10 Transportation Fee. Registration is required. KiKi Driving**

TRIP GUIDELINES

Minimum number - Trips not meeting the minimum number of 6 attendees (unless otherwise noted) will be cancelled at least 24 hours in advance. Refunds will be issued.

Departure Time - Trips will leave at the stated departure time, so it is best if you arrive at least 10 minutes prior to departure.

Cancellations and No Shows - A refund will be issued if a cancellation is given within 24 hours of a trip's scheduled departure. For trips involving pre-ordered tickets or reservations, a refund will be given only if your seat can be filled.

Attendance - Cancelling or not showing up for three or more trips within a month will result in being placed on a waiting list the following month.

Exceptions - Exceptions may be considered by center staff in extreme situations.

Members are not allowed to drive and meet at trip locations when the trip involves group transportation.