

December 2025 FiftyForward J. L. Turner Program Calendar

Please read the program description page to learn more about each offering and to see which programs require registration. Events with an asterisk* require advanced registration. To register for programs & trips, go to <https://fiftyforward.org/member/>

Mon	Tue	Wed	Thu	Fri	Sat
1 7:30a AOA Yoga 8:30a AOA Circuit 9:30a AOA Strength 10:30a AOA Cardio 11a Chess Group 11:30a AOA Yoga 12p Bridge 12:30p Dental Bingo w/ SMILE ON 65+* 1p Ping Pong	2 7:30a AOA Dance 8:35a YMCA Thrive 9a Hand & Foot 9:30a AOA Circuit 9:30a Fun & Games 10:30a AOA Yoga 10:30a Bunco- Holiday Theme* 1p Line Dancing-Beginners 1p Rummikub 1:30p Creating Memoirs	3 7:30a AOA Yoga 8:45a Functional Balance 9:30a AOA Cardio 10a Ping Pong 10:30a Trip- Firebirds Wood Fired Grill* 10:30a Artificial Intelligence Drop-In 10:45a AOA Strength 11:40a AOA Yoga 12p Bridge 1p Line Dancing	4 7:30a AOA Dance 8:35a YMCA Thrive 9a Advisory Council 9:30a AOA Circuit 10:30a AOA Yoga 10:30a Blessing Box Building* 10:30a Mahjong 1p Rummikub 5p Night Bridge	5 9a Sit & Knit & Crochet 9:30a AOA Cardio 10:30a AOA Strength 11:30a YMCA Line Dancing 12p Bridge 1p Ping Pong	6 8:30a AOA Line Dancing 9:30a AOA Cardio 10a Bellevue Holiday Parade 10:30a AOA Strength
8 7:30a AOA Yoga 8:30a AOA Circuit 9:30a AOA Strength 10:30a AOA Cardio 11a Chess Group 11:30a AOA Yoga 12p Bridge 1p Ping Pong 3:45p Trip- HoneyFire BBQ & Christmas Light Viewing*	9 7:30a AOA Dance 8:35a YMCA Thrive 9a Hand & Foot 9:30a AOA Circuit 9:30a Fun & Games 10:30a AOA Yoga 10:30a Trip- General Jackson Showboat Cruise* 1p Line Dancing-Beginners	10 7:30a AOA Yoga 8:45a Functional Balance 9:30a AOA Cardio 10a Ping Pong 10:30a Artificial Intelligence Drop-In 10:45a AOA Strength 11:30a FiftyForward & YMCA Holiday Party* 11:40a AOA Yoga 12p Bridge 1p Line Dancing	11 7:30a AOA Dance 8:35a YMCA Thrive 9:30a AOA Circuit 10:30a AOA Yoga 10:30a Mahjong 11:30a Senior Planet Passwords Tech Lecture* 1p Rummikub 5p Night Bridge	12 9a Sit & Knit & Crochet 9:30a AOA Cardio 9:45a Trip- Music for Seniors Concert* 10:30a AOA Strength 11:30a YMCA Line Dancing 12p Bridge 1p Ping Pong	13 8:30a AOA Line Dancing 9:30a AOA Cardio 10:30a AOA Strength
15 7:30a AOA Yoga 8:30a AOA Circuit 9:20a Trip- Frist Art Museum* 9:30a AOA Strength 10:30a AOA Cardio 11a Chess Group 11:30a AOA Yoga 12p Bridge 1p Ping Pong	16 7:30a AOA Dance 8:35a YMCA Thrive 9a Hand & Foot 9:30a AOA Circuit 9:30a Fun & Games 10:30a AOA Yoga 12:30p Holly Jolly Cookie/Bar Bake-Off* 1p Line Dancing-Beginners 1:30p Creating Memoirs	17 7:30a AOA Yoga 8:45a Functional Balance 9:30a AOA Cardio 10a Ping Pong 10:30a New Member Orientation* 10:45a AOA Strength 11:40a AOA Yoga 12p Bridge 1p Line Dancing	18 7:30a AOA Dance 8:35a YMCA Thrive 9:30a AOA Circuit 10:30a AOA Yoga 10:30a Mahjong 11:30a Collage Ornament Class w/ Gretchen* 1p Rummikub 1p Tech Help w/ Bellevue Library* 5p Night Bridge	19 9a Sit & Knit & Crochet 9:30a AOA Cardio 10:30a AOA Strength 11:30a YMCA Line Dancing 12p Bridge 1p Ping Pong	20 8:30a AOA Line Dancing 9:30a AOA Cardio 10:30a AOA Strength
22 FiftyForward Centers & Offices CLOSED for the Holidays	23 FiftyForward Centers & Offices CLOSED for the Holidays	24 FiftyForward Centers & Offices CLOSED for the Holidays	25 FiftyForward Centers & Offices CLOSED for the Holidays	26 FiftyForward Centers & Offices CLOSED for the Holidays	27 8:30a AOA Line Dancing 9:30a AOA Cardio 10:30a AOA Strength
29 7:30a AOA Yoga 8:30a AOA Circuit 9:30a AOA Strength 10:30a AOA Cardio 11a Chess Group 11:30a AOA Yoga 12p Bridge 1p Ping Pong	30 7:30a AOA Dance 8:35a YMCA Thrive 9a Hand & Foot 9:30a AOA Circuit 9:30a Fun & Games 10:30a AOA Yoga 1p Line Dancing-Beginners	31 7:30a AOA Yoga 8:45a Functional Balance 9:30a AOA Cardio 10a Ping Pong 10:45a AOA Strength 11:40a AOA Yoga 12p Bridge 1p Line Dancing			



FiftyForward JL Turner PROGRAM INFORMATION

ML Denotes member-led program

Only activities that require registration are visible on the member portal. Please refer to this calendar to see ALL activities each month.

Recurring Classes & Activities & Groups:

ML Book Club Tuesday, December 2 at 1:30 p.m. This month, our book club will be meeting off-site at a member's home to discuss potential book options for next year! If you want more information, reach out to Savannah. **Roos Room**

ML Bridge Mondays, Wednesdays and Fridays 12 p.m.- 3 p.m. Evening Bridge on Thursdays at 5 p.m. **Zelle/West**

ML Chess Group Mondays at 11 a.m. Enjoy learning or playing a friendly and competitive game of chess. We have several chess boards, including a beautiful wooden set donated by Judy & Bob Allen. **Brown/Davis**

ML Creating Memoirs Tuesdays, December 2 & December 16 at 1:30 p.m. Meet with other members and share memories and stories of your past. This is a great way to connect with others while reminiscing on the good ol' days! **Zelle/West Dec 2 & Roos Room Dec 16**

ML Fun & Games –Mahjong Tuesdays, 9:30 a.m.- 12 p.m. Join fellow members for games including mahjong, canasta, and backgammon! **Zelle/West**

ML Hand & Foot Game Tuesdays, 9 a.m. Come learn and have fun playing a game called Hand and Foot. The Hand and Foot card game is a variation of Canasta. It originated in North America and is played with two piles of cards called a "hand" and a "foot," hence the name. **Need a minimum of four members to play. Brown/Davis**

ML Line Dancing Tuesday & Wednesdays, 1 p.m. Learn how to boot, scoot, and boogie with Bonnie Wood. Please note Tuesdays classes are geared towards beginners. All are welcome at both 90 minutes classes. **Community Room**

Mahjong Thursdays, 10:30 a.m.-1 p.m. Join others during this designated time to play mahjong, the popular tile-based game. Participants must bring their own supplies. **Zelle/West**

Ping Pong Mondays & Fridays, 1 p.m.- 3 p.m. in **Community Room**. Wednesdays, 10 a.m.- 12 p.m. in **Brown/Davis**

Rummikub Tuesday, December 2 and Thursdays, 1- 3 p.m. **Zelle/West**

ML Sit-N-Knit-and-Crochet Fridays, 9 a.m. Learn to knit and crochet. **Roos Room**

Special Programs & Events:

Dental Bingo w/ SMILE ON 65+ Monday, December 1 at 12:30p. **Registration is encouraged.** Join SMILE ON 65+ for a special dental-themed bingo! There will be prizes and each participant will receive an oral health kit. **Brown/Davis**

ML Bunco Tuesday, December 2 at 10:30a. Come mix and mingle while playing bunco, and bring a covered dish to share! This month's theme is holiday. Please arrive around 10:15a as we will start promptly at 10:30a. **Activity Room**

ML Artificial Intelligence Drop-Ins First two Wednesdays in December (3rd and 10th) at 10:30 a.m. If you have questions about artificial intelligence or how to use platforms like ChatGPT, stop by this workshop to ask our member Jon Ulett. He's happy to help answer any questions you may have. If you are unable to attend a Wednesday drop-in session, John is available for one-on-one appointments as well. **Roos Room**

Blessing Box Building w/ CenterWell Thursday, December 4 at 10:30a. **Registration is encouraged.** Looking for a way to give back this season? Join CenterWell as they bring materials to the center to put together Blessing Boxes. These boxes will include basic hygiene items as well as non-perishable food items for people in need. **Roos Room**

Bellevue Holiday Parade Saturday, December 6 at 10a. Headed to the Bellevue Holiday Parade? Be sure to look out for our FiftyForward bus and give our Advisory Council members and Ambassadors a wave! The parade will start at the Bellevue Middle School and end at One Bellevue Place.

FiftyForward & YMCA Holiday Party Wednesday, December 10 at 11:30a. **REGISTRATION IS REQUIRED; NO WALK-INS.** The holiday season is here and we are excited to celebrate together! Join us for our end-of-the-year holiday party and let us (and our community partners) provide lunch for you. We'll have ham, sides, and dessert! Seniors Helping Seniors will host a fun holiday-themed trivia game after lunch. The winning table will receive prizes! **Activity Room**

Senior Planet Tech Lecture: Passwords, Passkeys, and More Thursday, December 11 at 11:30a. **Registration is encouraged.** Protecting your online accounts starts with strong password practices. In this lecture, we'll review password basics before exploring options like single sign-on, passkeys, multi-factor authentication, and password managers. Learn why these password alternatives are safe ways to simplify your digital life and keep your personal information secure. **Brown/Davis**

Holly Jolly Cookie/Bar Bake-Off Tuesday, December 16 at 12:30p. **Registration is required.** Have a family recipe that you're excited about? Think you make the best cookie/bar ever? Now is your chance to show off! Accepted desserts include cookies, brownies/blondies, and any type of bar. No pies or cakes. If you wish to participate as a baker, registration is required by December 1. **We will also be selling a limited number of tasting/voting tickets for \$5.** The top voted desserts will receive prizes! **Brown/Davis**

FiftyForward JL Turner PROGRAM INFORMATION

ML Denotes member-led program

Only activities that require registration are visible on the member portal. Please refer to this calendar to see ALL activities each month.

New Member Orientation Wednesday, December 17 at 10:30a. Registration is encouraged. If you joined FiftyForward recently, or simply want to attend to meet other members and hear about all of the benefits of FiftyForward, come on out! We'll review everything that happens at the J.L. Turner Center, touch on different parts of FiftyForward as a whole, and review how to use the FiftyForward membership portal to sign up for trips and programs. ***Zelle/West***

ML Collage Ornament Class w/ Gretchen Thursday, December 18 at 11:30a. Cost: \$10 and all supplies included. Registration is required; limited to 15 spots. Join our member Gretchen as she hosts a collage ornament class. In this class, you will be creating ornaments using pictures, mod podge, bling, textures, and more. Collage and mixed media can be very fun and relaxing, so come make an ornament and celebrate the holidays! ***Brown/Davis***

Tech Help with Bellevue Library Thursday, December 18 from 1p-3p. Registration is encouraged. If you need assistance with technology, library staff members from the Bellevue Branch will be at our center to answer your tech questions and help you with your device. Please bring your cell phone, iPad, tablet, Kindle or laptop with you to the tech help. ***Roos Room***

Trip List:

***Please note, members are not allowed to drive and meet at day trip locations when the trip involves taking our FiftyForward bus.**

**Trip – Firebirds Wood Fired Grill Holiday Lunch Wednesday, December 3, Departing at 10:30a
Cost: \$10 + lunch**

This year we will celebrate our holiday lunch at Firebirds Wood Fired Grill with great food and even better company. This is an American restaurant and steakhouse known for their bold flavors and inviting atmosphere. Check out the menu here: <https://firebirdsrestaurants.com/brentwood/menu/lunch>. **Registration required.**

**Trip – Dinner at HoneyFire BBQ & Christmas Light Viewing in the Bellevue/Brentwood Area
Monday, December 8, Departing at 3:45p
Cost: \$10 + dinner**

Hop aboard for a fun-filled holiday evening! We will first enjoy a delicious, early dinner at HoneyFire BBQ in Bellevue. This BBQ joint is serving up smoked meats and classic Southern sides. Check out the menu here: <https://order.toasttab.com/online/honey-fire-bbq>. Dinner will be followed by a festive drive to enjoy beautiful Christmas light displays in the Bellevue/Brentwood area. **Registration required.**

**Trip – General Jackson Showboat Holiday Cruise
Tuesday, December 9, Departing at 10:30a
Cost: \$80 (includes ticket + lunch)**

It's a Tennessee Christmas on the General Jackson Showboat! Join us on a midday cruise as we celebrate the most wonderful time of the year. In true Tennessee style, the country showband of pickers, fiddlers, and singers will perform heart-warming versions of Christmas favorites by Reba McEntire, Alan Jackson, Elvis Presley, Rascal Flatts, and more! We will also enjoy a mouth-watering lunch consisting of herb-roasted chicken breast, garlic potatoes, green beans, buttered rolls, salad, and eggnog cheesecake for dessert. **Registration required by November 18 and there will be no refunds after that date.**

Trip – Music for Seniors: John England and the Western Swingers + Lunch at City Limits Cafe

**Friday, December 12, Departing at 9:45a
Cost: \$15 + lunch**

Break out your cowboy hats and dancing shoes! We're headed to Frist Art Museum for Music for Seniors December concert featuring John England and the Western Swingers. This six piece band fuses jazz, swing, and big band music with traditional country and folk styles like blues, polka, and fiddle tunes. After the concert, we will enjoy lunch at a local Bellevue spot, City Limits Cafe. Check out the menu here: <https://citylimitsbakerycafe.com/nashville-city-limits-bakery-and-cafe-food-menu>. **Registration required.**

Trip– Frist Art Museum + Lunch at Café Cheeserie

**Monday, December 15, Departing at 9:20a
Cost: \$15 + lunch**

Experience the beauty and culture of the art world as we head to Frist Art Museum to check out the *New African Masquerades: Artistic Innovations and Collaborations* exhibit. This exhibit highlights the stories of four contemporary masquerade artists, their motivations, artistic choices, and the patronage and economic networks with which they engage. After our docent-guided tour, we will have time to check out the Paul McCartney Photographs exhibit. Finally, we will eat lunch on-site at Café Cheeserie to conclude our visit. **Registration required.**

EARLY TRIP RELEASE FOR JUNE 2026 TPAC SHOW:

**Trip– Tennessee Performing Arts Center presents HAMILTON
Thursday, June 18, Departing at 12p (Show is at 1p)
Cost: \$185**

Next June, we have scored tickets to attend TPAC's rendition of HAMILTON. This Tony Award winning-show is the epic saga that follows the rise of Founding Father Alexander Hamilton as he fights for honor, love, and a legacy that would shape the course of a nation. This show is a mix of hip-hop, jazz, R&B, and Broadway and has had a profound impact on culture, politics, and education. **Our seats are located in Row T in the Orchestra section. Please note the deadline to register for this is February 20, 2026 and there will be no refunds after that date unless your seat can be filled. Registration required.**

Trip List Continued:

TRIP GUIDELINES

Minimum number— Trips not meeting the minimum number of 6 attendees (unless otherwise noted) will be cancelled at least 24 hours in advance. Refunds will be issued.

Departure Time - Trips will leave at the stated departure time, so it is best if you arrive at least 10 minutes prior to departure.

Cancellations and No Shows - A refund will be issued if a cancellation is given within 24 hours of a trip's scheduled departure. For trips involving pre-ordered tickets or reservations, a refund will be given only if your seat can be filled.

Attendance: Cancelling or not showing up for three or more trips within a month will result in being placed on a waiting list the following month.

Exceptions: Exceptions may be considered by center staff in extreme situations.

FiftyForward Black T-Shirts Available for \$25 donation

Sizes Small-4XL

See FiftyForward Center Director Heather McNeese

