



February 2026 FiftyForward Bordeaux Center Programs

Please see the program description page to learn more about each offer, and to see which activities require registration. **Events with an asterisk * require advance registration.** Please register at fiftyforward.org/member/.

Monday	Tuesday	Wednesday	Thursday	Friday
2 FiftyForward Bordeaux Center Closed	3 8a Melvin at Madison Station 8a KiKi at FF Knowles	4 FiftyForward Bordeaux Center Closed	5 FiftyForward Bordeaux Center Closed	6 10a Walmart
9 8:30a Games & Wii 10a New Building Exploration 12p Metro Meals* 1p Tech Help	10 8:30a Games & Wii 10a Kennie Playhouse Looby 12p Metro Meals* 1p Line Dancing w/ Annette	11 8:30a Games & Wii 10a Walking Club 11a Valentine's Gathering 12p Metro Meals* 1p Wii Games	12 8:30a Games & Wii 10a Hadley Park Senior Line Dancing 12p Metro Meals* 1p FFB Support Group	13 8:30a Games & Wii 10a New Member Orientation 12p Metro Meals* 1p BINGO
16 8:30a Games & Wii 10a Hartman Park Dance into Shape 12p Metro Meals* 1p Tech Help	17 8:30a Games & Wii 10a Arts & Crafts 12p Metro Meals* 1p Movie Time	18 8:30a Games & Wii 10a Bible Study 11a Lunch Club Day Trip 12p Metro Meals* 1p Wii Games	19 8:30a Games & Wii 10a Black History Discussion 12p Metro Meals* 1p Spades Session	20 8:30a Games & Wii 10a Silver Sneaker Fitness 12p Metro Meals* 1p BINGO
23 8:30a Games & Wii 10a Hartman Park Dance into Shape 11a Music for Seniors 12p Metro Meals* 1p Tech Help	24 8:30a Games & Wii 10a Thrifting w/ KiKi 12p Metro Meals* 1p Line Dancing w/ Annette	25 8:30a Games & Wii 10a Bible Study 12p Metro Meals* 1p Karaoke w/ KiKi	26 8:30a Games & Wii 10a Silver Sneaker Fitness 12p Metro Meals* 1p Movie Time	27 8:30a Games & Wii 10a Rummikub Tournament 12p Metro Meals* 1p Getting to Know You



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RECURRING CLASSES, ACTIVITIES, & GROUPS:

Metro Meals Monday-Friday, 12p – 1p No Metro Meals on days the center is closed. Metro Meals offers their free lunch program to interested and approved seniors age 60+. Applications are available at the front desk.

Walking Club, Wednesday February 11, at 11a Join us as we walk, enjoy nature, and strengthen our cardio.

Arts and Crafts, February 17 & 25 at 10a. Join us in the fun and interesting arts and craft projects led by one of our members, Ms. Freda.

Bible Study February 18 & 25 at 10a. Minister Larry Harrison will be leading our weekly Bible Study.

BINGO Friday, February 13, 20, 27, at 1p. Come and join FiftyForward Bordeaux for some social BINGO FUN! We have some nice BINGO prizes for all who attend!

Cards, Puzzles, Word Searches, Wii games Monday-Friday, 8:30 a.m.-3:30p. Stop by the center to play cards, tackle a puzzle, play Rummikub, or try your hand at Wii Sports!

Line Dancing w/Annette Tuesday, February 10 & 24; 1p. Cost: Free. Come learn some new dance moves in our Line Dance class on the Bordeaux Dance floor w/ Annette Howse.

Music for Seniors Monday, February 23; 11 a.m. Members will enjoy music by one of Music for Senior's great musicians.

New Member Orientation Friday, February 13; 10a. New member orientation is designed to introduce new members to the FiftyForward Bordeaux culture.

MONTHLY MEETINGS

Advisory Council Meeting Thursday, February 5; 2 p. Every first Thursday of the month members of the advisory council meet to discuss different topics and ideas to ensure FiftyForward Bordeaux is growing, succeeding, and providing opportunities for our members.

SPECIAL PROGRAMS & EVENTS:

Tech Help Monday February 9,16, & 23; 1p.

Join us as Matthew Santana with the Looby Branch assist our seniors with selective tech topics & concerns.

New Building Exploration Monday February 9, 1p.

Join us for interactive tour introducing members to the new building's spaces, amenities, and accessibility features.

Valentines Gathering Wednesday February 11, 11a.

Join us as we share cards, enjoy sweet desserts, and celebrate friendship together.

Wii Games Wednesday, February 11 & 18, 1p, Try your hand at Wii Sports

FFB Support Group Thursday, February 12, 1p.

Join us as we provide a safe space for members to share their experiences, feelings, and coping strategies or firsthand information about any issues on members' minds.

Hadley Park Senior Line Dancing Thursday, February 12,10a.

This is a lively and social activity where older adults come together to learn and dance to choreograph dance routines.

Hartman Park Dance Into Shape Monday, February 16 & 30 10a This is a lively and

social activity where older adults come together to learn and dance to choreograph dance routines.

Spades Session Thursday, February 19, 1p.

Join us as we share in a game of spades. All experience levels welcome.

Black History Discussion Thursday

February 19, 10a. Join us for a guided discussion honoring Black history, achievements, culture, and lasting contributions to our community.

Silver Sneaker Fitness Friday, February 20 & 26; 10a.

Join us for a workout with a Silver Sneaker Workout Video.

Karaoke w/ KiKi Wednesday, February 25, 1p.

ALL VOICES WELCOMED! Music has a way of bringing people together. Join KiKi as we sing one of your favorite songs or pick one of the mystery songs from the jar!

Movie Time Thursday, February 26, 1p Let's

watch a movie together. Bring your favorite theatre snack and enjoy a movie!

Getting To Know You Friday, February 27;

1p. Join us as members share things about themselves and life experiences.

TRIP GUIDELINES

DAY TRIPS

Grocery Shopping—Walmart Friday, February 6; Depart at 9:30a. Estimated return at 11a. Cost: \$5 Transportation Fee, Registration is required. Members will travel to the grocery store for a social shopping trip.
KiKi Driving

Kennie Playhouse Theatre @ Looby Tuesday, February 10, 10-1:00p. Departure at 9:30a. Join Program Coordinator, KiKi for a trip to the Looby to enjoy the play “I am a Shepherdess.” A Christian bride is set to marry a Muslim groom, but his mama shows up at the wedding with a different opinion about the matter. **Cost \$25. \$20 for ticket in person or see KiKi for payment \$5 Transportation Fee. Registration is required. KiKi Driving**

Lunch Club Day Trip Wednesday, February 18; Depart at 10:00a. Cost: \$10 Transportation Fee, Registration is required Join center director; Melvin Fowler for lunch at one of Nashville’s local restaurants. Members are responsible for purchasing their meal.

Thrifting w/ KiKi Tuesday, February 24, 10-1:00p. Departure at 9:30a. Join Program Coordinator, KiKi for a trip to one of our local thrift stores. **Cost \$10 Transportation Fee. Registration is required. KiKi Driving**

Minimum number - Trips not meeting the minimum number of 6 attendees (unless otherwise noted) will be cancelled at least 24 hours in advance. Refunds will be issued.

Departure Time - Trips will leave at the stated departure time, so it is best if you arrive at least 10 minutes prior to departure.

Cancellations and No Shows - A refund will be issued if a cancellation is given within 24 hours of a trip’s scheduled departure. For trips involving pre-ordered tickets or reservations, a refund will be given only if your seat can be filled.

Attendance - Cancelling or not showing up for three or more trips within a month will result in being placed on a waiting list the following month.

Exceptions - Exceptions may be considered by center staff in extreme situations.

Members are not allowed to drive and meet at trip locations when the trip involves group transportation.