

April 2026 Donelson Station Calendar

Programs with an asterisk * require RSVP. Register on the website portal or ask staff. Center Hours: M-F 8:30a-3:30p, Sat 8:00a-12:00p, 615-883-8375

Mon	Tue	Wed	Thu	Fri	Sat
		<p>1</p> <p>9a Gentle Yoga w/ Jan</p> <p>9:15a The Mint Gaming Hall Kentucky Downs Trip*</p> <p>10a Canasta/Hand & Foot</p> <p>10a Lo-Impact Aerobics</p> <p>10a-12p Art Workshop*</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>1:30p Trivia Teasers</p> <p>1:30p Tai Chi</p> <p>2p BINGO</p> <p>3:30 Aphasia Support Group</p>	<p>2</p> <p>8:15a Adv Strength Training</p> <p>9a Cornhole Club</p> <p>9a Week 5: Facebook Fundamentals Series*</p> <p>9a Walk and Talk</p> <p>9-11a PUZZLE PALOOZA EVENT by CenterWell*</p> <p>10a Arthritis Chair Exercise</p> <p>10a-3p Mah Jongg</p> <p>11a Arthritis Chair Exercise</p> <p>12p Crafty Corner</p> <p>12p Dance Blast Fitness</p> <p>1p Tech Help with Bobbye*</p> <p>1p Rummikub</p> <p>1p Laugh Lines Improv</p>	<p>3</p> <p>9a Stretch & Balance</p> <p>9-11a Ukulele Group</p> <p>10a Beginner Strength with Floor Exercises</p> <p>10a-2:30p Bridge</p> <p>11a-1p Dulcimer Class</p> <p>11a Sing-along Choir</p> <p>12p POMS Team Practice</p> <p>2p BINGO</p>	<p>4</p> <p>8a-12p Center Open</p> <p>9a Adv. Strength Training</p>
<p>6 TAX PREP ENDS</p> <p>9a Gentle Yoga w/ Jan</p> <p>10a Lo-Impact Aerobics</p> <p>11a Program Committee</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>12p Knitting & Crochet Class</p> <p>1p Beginning Spanish*</p>	<p>7</p> <p>8:15a Adv Strength Training</p> <p>9a Walk and Talk</p> <p>9-11a Hand Chimes</p> <p>9a Spanish I*</p> <p>10a Spanish II*</p> <p>10a-2p Bridge</p> <p>10a/11a Arthritis Chair Exercise</p> <p>12p Dance Blast Fitness</p> <p>1:15p Gotta Dance</p> <p>2-3:30p Bridge Lessons</p>	<p>8</p> <p>9a Gentle Yoga w/ Jan</p> <p>10a Canasta/Hand & Foot</p> <p>10a Lo-Impact Aerobics</p> <p>10a-12p Art Workshop*</p> <p>10:30a Lunch Bunch to Joyland Restaurant*</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>1:30p Trivia Teasers</p> <p>1:30p Tai Chi</p> <p>2p BINGO</p> <p>3:30p Aphasia Support Group</p>	<p>9</p> <p>8:15a Adv Strength Training</p> <p>9a Cornhole Club</p> <p>9a Week 6: Facebook Fundamentals Series*</p> <p>9a Walk and Talk</p> <p>10a Arthritis Chair Exercise</p> <p>10a-3p Mah Jongg</p> <p>11a Red Hat Honeys</p> <p>11a Arthritis Chair Exercise</p> <p>12p Crafty Corner</p> <p>12p Dance Blast Fitness</p> <p>1p Tech Help with Bobbye*</p> <p>1p Rummikub</p> <p>1p Laugh Lines Improv</p>	<p>10</p> <p>9a Stretch & Balance</p> <p>9-11a Ukulele Group</p> <p>10a Beginner Strength with Floor Exercises</p> <p>10a-2:30p Bridge</p> <p>11a-1p Dulcimer Class</p> <p>11a Sing-along Choir</p> <p>12p POMS Team Practice</p> <p>1p Line Dancing</p> <p>2p BINGO</p> <p>SHRED EVENT 10a-1p</p>	<p>11</p> <p>8a-12p Center Open</p> <p>9a Adv. Strength Training</p>
<p>13</p> <p>9a Gentle Yoga w/ Jan</p> <p>10a Lo-Impact Aerobics</p> <p>11a Meet N Eat at TennFold*</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>12p Knitting & Crochet Class</p> <p>1p Beginning Spanish*</p> <p>1p Active Shooter Situational Training sponsored by Hermitage Precinct*</p>	<p>14</p> <p>8:15a Adv Strength Training</p> <p>9a Walk and Talk</p> <p>9-11a Hand Chimes</p> <p>9a Spanish I*</p> <p>10a Spanish II*</p> <p>10a-2p Bridge</p> <p>10a/11a Arthritis Chair Exercise</p> <p>12p Dance Blast Fitness</p> <p>12p Art Trunk I with the FRIST Museum Educators*</p> <p>1:15p Gotta Dance</p> <p>2-3:30p Bridge Lessons</p>	<p>15</p> <p>9a Gentle Yoga w/ Jan</p> <p>10a Canasta/Hand & Foot</p> <p>10a Lo-Impact Aerobics</p> <p>10a-12p Art Workshop*</p> <p>10:30a Mystery Lunch*</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>12-2p Blood Pressure Check</p> <p>1:30p Trivia Teasers</p> <p>1:30p Tai Chi</p> <p>2p BINGO</p> <p>3:30 Aphasia Support Group</p>	<p>16</p> <p>8:15a Adv Strength Training</p> <p>9a Cornhole Club</p> <p>9a Walk and Talk</p> <p>10a Arthritis Chair Exercise</p> <p>10a-3p Mah Jongg</p> <p>11a Advisory Council</p> <p>11a Arthritis Chair Exercise</p> <p>12p Crafty Corner</p> <p>12p Dance Blast Fitness</p> <p>1p Tech Help with Bobbye*</p> <p>1p Rummikub</p> <p>1p Laugh Lines Improv</p> <p>5p Off the Eaten Path Supper Club with John*</p>	<p>17</p> <p>9a Stretch & Balance</p> <p>9-11a Ukulele Group</p> <p>10a Beginner Strength with Floor Exercises</p> <p>10a-2:30p Bridge</p> <p>11a-1p Dulcimer Class</p> <p>11a Sing-along Choir</p> <p>12p POMS Team Practice</p> <p>2p BINGO</p>	<p>18</p> <p>8a-12p Center Open</p> <p>9a Adv. Strength Training</p>
<p>20</p> <p>9a Gentle Yoga w/ Jan</p> <p>10a Using Voice Assistants Educational Session*</p> <p>10a Lo-Impact Aerobics</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>12p Knitting & Crochet Class</p> <p>1p Beginning Spanish</p> <p>1p Music for Seniors Drum Circle*</p>	<p>21</p> <p>8:15a Adv Strength Training</p> <p>9a Walk and Talk</p> <p>9-11a Hand Chimes</p> <p>9a Spanish I*</p> <p>9:30-11:30a Congressional Constituent Svcs Mobile Office*</p> <p>10a Spanish II*</p> <p>10a-2p Bridge</p> <p>10a/11a Arthritis Chair Exercise</p> <p>12p Dance Blast Fitness</p> <p>1:15p Gotta Dance</p> <p>2-3:30p Bridge Lessons</p> <p>2p Super BINGO</p>	<p>22</p> <p>9a Gentle Yoga w/ Jan</p> <p>10a Rise n Shine @ Panini Bread on Stewarts Ferry*</p> <p>10a Canasta/Hand & Foot</p> <p>10a Lo-Impact Aerobics</p> <p>10a-12p Art Workshop*</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>1:30p Trivia Teasers</p> <p>1:30p Tai Chi</p> <p>2p BINGO</p> <p>3:30 Aphasia Support Group</p>	<p>23</p> <p>8:15a Adv Strength Training</p> <p>9a Cornhole Club</p> <p>9a Walk and Talk</p> <p>10a Arthritis Chair Exercise</p> <p>10a-3p Mah Jongg</p> <p>11a Arthritis Chair Exercise</p> <p>12p Crafty Corner</p> <p>12p Dance Blast Fitness</p> <p>1p Tech Help with Bobbye*</p> <p>1p Rummikub</p> <p>1p Laugh Lines Improv</p>	<p>24</p> <p>9a Stretch & Balance</p> <p>9-11a Ukulele Group</p> <p>10a Beginner Strength with Floor Exercises</p> <p>10a-2:30p Bridge</p> <p>11a-1p Dulcimer Class</p> <p>11a Sing-along Choir</p> <p>12p POMS Team Practice</p> <p>1p Line Dancing</p> <p>2p BINGO</p>	<p>25</p> <p>8a-12p Center Open</p> <p>9a Adv. Strength Training</p> <p>10a Bible Study</p>
<p>27</p> <p>9a ANNUAL VOLUNTEER BRUNCH*</p> <p>9a Gentle Yoga w/ Jan</p> <p>10a Lo-Impact Aerobics</p> <p>10:30a Book Club: Selection is "Blind Faith" by Joe McGinniss</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>12p Knitting & Crochet Class</p> <p>1p Beginning Spanish</p>	<p>28</p> <p>8:15a Adv Strength Training</p> <p>9a Walk and Talk</p> <p>9-11a Hand Chimes</p> <p>9a Spanish I*</p> <p>9:30a Space Exploration Four Week Series Starts*</p> <p>10:00-11:30 Congressional Constituent Outreach Walk-up</p> <p>10a Spanish II*</p> <p>10a-2p Bridge</p> <p>10a/11a Arthritis Chair Exercise</p> <p>12p Dance Blast Fitness</p> <p>12p Art Trunk II with the FRIST Museum Educators*</p> <p>1:15p Gotta Dance</p> <p>2-3:30p Bridge Lessons</p>	<p>29</p> <p>9a Gentle Yoga w/ Jan</p> <p>9:30a Spring Health & Resource Fair @ FiftyForward Martin Center*</p> <p>10a Canasta/Hand & Foot</p> <p>10a Lo-Impact Aerobics</p> <p>10a-12p Art Workshop*</p> <p>11a Beginner Strength Training</p> <p>12p SAIL Fitness</p> <p>1:30p Trivia Teasers</p> <p>1:30p Tai Chi</p> <p>NO BINGO</p> <p>3:30 Aphasia Support Group</p>	<p>30</p> <p>8:15a Adv Strength Training</p> <p>9a Cornhole Club</p> <p>9a Walk and Talk</p> <p>10a Arthritis Chair Exercise</p> <p>10a-3p Mah Jongg</p> <p>11a Arthritis Chair Exercise</p> <p>12p Crafty Corner</p> <p>12p Dance Blast Fitness</p> <p>1p Tech Help with Bobbye*</p> <p>1p Rummikub</p> <p>1p Laugh Lines Improv</p>	<p>FiftyForward is celebrating 70 years! Established in 1956</p>	

April 2026 Donelson Station Program Descriptions

“ML” Denotes member-led program

If you are interested in participating in any program virtually, please ask.

Advanced Strength Training Tuesdays & Thursdays, 8:15a; Saturday, 9a 45-minute advanced, diversified workout with cardio, free weights and body strength with Lisa.

Art Workshop Wednesdays, 10a-12p Join other seasoned artists to work on personal projects. Like an art co-op; runs in quarter sessions (Apr-Jun) \$25. **Registration required. ML**

Arthritis Chair Exercise Tuesdays and Thursdays, 10a & 11a Low impact, evidence-based seated exercises taught by Melissa to help strengthen parts of the body affected by arthritis. Two class times offered.

Beginner Strength Training Mondays & Wednesdays, 11a Modified strength training led by certified instructor Gloria. This class is for beginners so all can join. **ML**

Beginner Strength with Floor Exercises Fridays, 10a Strength training and floor exercises (need to be able to get up/down from floor) led by rotating facilitators. **ML**

Bible Study Fourth Saturday, 10a Volunteer Davene leads this group discussion class. They are working through the book of Revelation. **ML**

Billiards Monday-Friday, 8:30a to 3:30p Open Play

BINGO Wednesdays & Fridays, 2p Enjoy this timeless game called by community sponsors to win the chance for prizes! (One Super BINGO each month; see calendar for date)

Blood Pressure Checks Various dates– check the calendar,

12-2p Free checks by our member volunteer Jan (RN). **ML**

Book Club 4th Monday, 10:30a Open to all– read the monthly book posted and share your thoughts with other readers. Led by a different member each month. **ML**

Bridge Tuesdays and Fridays, 10a-2p Play the most popular card game since the 1930s. Practice your skills; lunch break midday. **Lessons offered Tuesdays, 2-3:30p. ML**

Canasta/Hand & Foot Wednesdays, 10a-1p Members are playing a version of Hand & Foot. **ML**

Cardio Fitness Room Monday-Friday, 8:30a to 3:30p Assistance with equipment available; ask staff.

Cornhole Club Thursdays, 9a Meet in the side parking lot.

The Grumpy Ole Baggers Cornhole Club play outside during spring, summer, and fall. All levels are welcome. No need to have skills or equipment. Bring a chair, water bottle, and plan to have fun! **ML**

Crafty Corner Thursdays, 12p Bring your own individual projects (yarn, needlework, coloring, craft, artwork...) to work on and socialize. **ML**

Dance Blast Fitness Tuesdays & Thursdays, 12p Enjoy dance and rhythm moves to music led by Susan. **ML**

Dulcimer Class Fridays 11a-1p Tony is one of our members and has a gift for playing and teaching musical instruments. If you have a dulcimer and wish to learn to play it, bring it in! **ML**

Gentle Yoga with Jan Mondays & Wednesdays, 9a 45-minute class led by certified instructor Jan. Must be able to get up/down from the floor. Bring a mat/blanket to use or there are a few available in the exercise room to borrow.

Gotta Dance Tuesdays, 1:15p A new dance class led by member, Michelle. Dance that celebrates all genres of music. Whether you love to groove to the oldies, a Latin beat or Country, this class is all about moving your body, lifting your spirits, and having fun! No dance experience required. **ML**

Hand Chime Choir Tuesdays, 9a-11a Join Shirley and other members in performing songs using hand chimes. No experience needed; all encouraged.

Knitting & Crochet Class Mondays, 12p A group for those wishing to learn how to knit and/or crochet and those who already know how and want to knit and socialize together. Linda is the teacher. **ML**

Laugh Lines Improv Troupe Thursdays, 1-3p An engaging in-house improvisation group with spontaneous storylines and fun. Beginners at 1p and more advanced at 2p. Spectators welcome. Community performances. **ML**

Line Dancing 2nd & 4th Fridays, 1-2:30p Have fun learning line dances to great music with Deb. Y'all come! **2-2:30p is for experienced dancers. ML**

Lo-Impact Aerobics Mondays & Wednesdays, 10a 45-minutes of low impact aerobics with Greg; move and groove to great music! **ML**

Mah Jongg - Hong Kong Version Thursdays, 10a-3p Hong Kong players make a hand of 4 groups of 3 and a pair. A tile-based game for new and seasoned players. **ML**

POMS Team Fridays, 12p Team meeting and practice time.

POMS is a 50+ performance cheer squad; performs out in the community. **ML**

Red Hat Honeys 2nd Thursday, 11a Donelson Station's Red Hat Society chapter. New faces welcome. **ML**

Rummikub Thursdays, 1p Play this popular tile game based with runs and sets like the card version of Rummy. **ML**

SAIL Fitness Mondays and Wednesdays, 12p Kris leads SAIL (Stay Active and Independent for Life); exercises developed for strength and balance.

Sing-along Choir Fridays, 11a-12p Sing-along to classic songs and familiar melodies. Led by pianist Margaret. All voices are welcome! Singing in community dates/times TBA. **ML**

Spanish Classes Spring Session (Jan-Apr) Beginning Spanish is on Monday at 1p. These classes are for members who have not previously taken Spanish. Members continuing classes have options of intermediate Spanish I on Tuesdays at 9a or advanced Spanish II on Tuesdays at 10a. **New Spanish I or II students first meet with Alicia. ML**

Stretch & Balance Fridays, 9a Taught by Traci, participants sit, stand and march during 45-minutes of simple exercises focused on stretching, toning, and balancing. **ML**

Tai Chi Wednesdays, 1:30p Master Bruce Linville (Hall of Famer for Tai Chi Weaponry & National Champion) teaches Tai Chi Chuan (Grand Ultimate Boxing); martial arts history with methods of self-defense and self-cultivation.

Tech Help with Bobbye Thursdays, 1p and 2p Sign up for an hour of one-on-one phone, computer, or tablet help. Bring your technology. **ML**

Travel Presentations with See America Tour and Premier World

Discovery (see calendar) Trip information available in print at the Traveling Rack in the hallway. In-house events vary each month with Adam (domestic trips) and Jennifer (international trips).

Trivia Teasers Wednesdays, 1:30-3:30p Test your mind and recall of various fun and interesting information with other members. **ML**

Ukulele Group Fridays, 9-11a Learn how to play the ukulele! Beginner lessons 9-10a; intermediate group meets 10-11a. Bring your own ukulele. You may borrow one from the public library to try. **ML**

Walk and Talk Tuesdays and Thursdays, 9a Indoor Walkers meet at Opry Mills mall and loop the facility for weather-free exercise. (doors open between Off Broadway Shoes and Rainforest Café). **ML**

Walking Circuit Morning Meet Up Wednesdays & Fridays, 8a Walkers meet in front of the building for walking group with interval exercise stops.

April 2026 Donelson Station Special Events

SPECIAL PROGRAMS & EVENTS

Check out the Lifelong Learning Programs this Month. Support our guests scheduled to deliver educational programs. We appreciate subject matter specialists sharing knowledge with us.

[Aphasia Support Group](#) Wednesdays, 3:30p

A support group for the local community who have or know someone with aphasia (a language disorder that affects how a person understands spoken words, written words, and putting thoughts into words). Open to all.

[Puzzle Palooza Event sponsored by CenterWell](#) Thursday, April 2, 9-11a

Five teams of players (up to 4 members) compete to complete exact 500-piece puzzles within the 2-hour limit. Prizes awarded to players by CenterWell Senior Primary Care. Thank you for Linda Patrick for the puzzle donations!

[Shred Event Onsite](#) Friday, April 10, 10a-1p

Bring your documents for shredding sponsored by AARP and BBB.

[Active Shooter Situational Training](#) Monday, April 13, 1p

What to know if there is an active shooter situation near you. Situational training session brought to you by Metro Police Hermitage Precinct.

[Art Trunk I with FRIST Museum Educators](#) Tuesday, April 14, 12-1:30p

"In Her Place: Nashville Artists in the 21st Century" exhibition has two artmaking workshops hosted in our building this month. The first hands-on program will focus on a personal collage activity. Space is limited.

[Using Voice Assistants Educational Session](#) Monday, April 20, 10a

Go beyond Alexa and Google Nest to learn how to use voice assistant features embedded into most smartphones and available in the Chrome browser. Learn about Apple's Siri and Google Assistant and practice on your own device.

Review some of the most popular uses for voice-activated home assistants. Thank you to the Digital Literacy program powered by Nashville Public Library services.

[Music for Seniors Drum Circle](#) Monday, April 20, 1p

A free community program (RSVP with Music for Seniors) with "Everyone Drumsome". Participants will be lead through an interactive percussion workshop. Seats limited.

[Congressional Constituent Services I](#) Tuesday, April 21, 9:30-11:30a

Meet with a US Congressional District TN05 field representative the third Tuesday of each month for help resolving specific issues with a federal agency (IRS, VA, SSA, Medicare, Passports, etc.).

Appointments: email Kristen.Topping@mail.house.gov or simply drop in for assistance.

[SUPER BINGO](#) Tuesday, April 21, 2p

Monthly SUPER BINGO is sponsored by Eric Miller of CarePatrol and special guests of our community: Charter Senior Living-Hermitage, CenterWell Primary Care, Preferred Care, EXP Realty, and Captel. No losers in this fun version.

[Annual Volunteer Brunch](#) Monday, April 27, 9a

We LOVE our Volunteers! Donelson Station FiftyForward has 50+ volunteers who give time and talent to ensure our members have a wide range of services and activities. If you volunteer at the front desk, lead a class, help with events, etc. please enjoy a free breakfast and our appreciation for all you give to FiftyForward.

[Space Exploration with Duncan](#) Tuesday, April 28, 9:30a

You asked and here it is! Duncan returns with a four-part series on space exploration. Remember these science words? Mass, density, gravity, solar system...? Duncan will cover topics with this terminology and other space interests.

[Art Trunk II with FRIST Museum Educators](#) Tuesday, April 28, 12-1:30p

"In Her Place: Nashville Artists in the 21st Century" exhibit has two art trunk activities hosted in our building this month. This second workshop will focus on an expressive sculpture activity. Space is limited.

[Congressional Constituent Services II](#) Tuesday, April 28, 10-11:30a

Ray Render, District Director with US Representative John Rose's District TN06 office, will be onsite the fourth Tuesday of each month. Ask questions regarding IRS, VA, SSA, Medicare, Passports, etc. He will be set up in the hallway— **no appointment needed**.

[New Member Orientation Class](#) Next Meeting is in May

Welcome to FiftyForward! An introduction to Donelson Station, how to sign up for programs and trips, and ways to be connected. Meets every other month. Register to attend.

April 2026 Donelson Station Outings

TRIPS & OUTINGS

Access the registration portal: <https://fiftyforward.org/member/> or at the kiosk located at the center. Required payments must be made at the time of registration to successfully hold your trip spot. Limit two seats per registrant. See staff for your password entry.

The Mint Gaming Hall Kentucky Downs Wednesday, April 1, 9:15a, Cost: \$15 plus any money for the games and lunch

The Mint is home to more than 1,300 gaming machines. Promotions are available online and through the casino app. When you are hungry, try out the various food venues located onsite.

Lunch Bunch Wednesday, April 8, 10:30a, Cost: \$10 + Lunch

Famous Crustburgers! "Joyland" was imagined by Chef Sean Brock who won a James Beard Award for Best Chef Southeast in 2010 and has been featured on the television shows, *Mind of a Chef*, Anthony Bourdain's *No Reservations*, and Netflix's *Chef's Table*. Check out the mouthwatering menu at: eatjoyland.com

Meet n Eat Monday, April 13, 11a, Cost: Lunch

A Meet n Eat option celebrating one of our local establishments. Register to join other members for socialization and dining. Drive yourself to TennFold (2408 Lebanon Road). Must register for restaurant reservation count of 14. Menu: tennfold.com

Mystery Lunch Wednesday, April 15, 10:30a, Cost: \$10 + Lunch

If you enjoy a good southern diner, this lunch outing is for you! Traci found this destination when researching an interesting place to eat with her parents. It has been taste-tested and got three thumbs up from the Bennett family (all ordered catfish). Limited to 12.

Off the Eaten Path Supper Club with John Thursday, April 16, 5p

John and Jennifer have a gift of finding eateries around Nashville that are "Off the Beaten Path". This month's diners will go to Everest Restaurant and Bar (named after Mount Everest). The food menu features Nepalese, Bhutanese, and Indian selections. Go to Menu: everestrestaurantantioch.com

Rise n Shine Wednesday, April 22, 10a, Cost: Breakfast

A meet-n-eat group for late breakfast and early lunch folks. Gather with friends at Panini Bread Café (557 Stewarts Ferry Pike). RSVP to be included in the seating reservation for 12.

FiftyForward Spring Health & Resources Fair Wednesday, April 29, 9:30a

It's back! The spring health and resource fair offers fitness, nutrition, and mental health community resources. Onsite medical screenings, door prizes, and vendor goodies. Meet and speak with local experts on patient and caregiver needs. Located at our Martin Center at 960 Heritage Way, Brentwood, 37027.

TRIP GUIDELINES

Minimum number: Trips not meeting a minimum of 6 participants will be cancelled at least 24 hours in advance.

Departure Time: Trips leave at the stated departure time; please arrive at least 10 minutes prior.

Cancellations and No Shows: A refund will be issued if a cancellation is given within 24 hours of a trip's departure, **except** trips involving preordered tickets or reservations. Refunds are given **only** if your seat can be filled.

Attendance: Cancelling or not showing up for three trips consecutively will result in being placed on a waiting list the next month.

Exceptions: We understand special situations arise; staff will address those as needed.

Members are not allowed to drive and meet at trip locations when the trip involves group transportation.

Please see Traci with ideas or write down trip and class suggestions and drop into the mail slot in the lobby.