

July 2026 Center Day Trips

If you are interested in participating in any of these day trips or would like more information, please call the hosting center, sign up in the Membership Portal, or refer to each center's calendar.

Date	Trip	Center
July 1	The Restaurant at Henry Horton. Depart at 10:30a. \$20 bus fee + lunch. Registration required. Limit 13 members.	Martin
July 1	Tap Dancing Class at MOVE Inclusive Dance and Lunch at El Agavero. Depart at 10:15am. \$5 bus fee + lunch. Registration required.	Turner
July 2	Tennessee Wings of Liberty Museum Self-Guided Tour + Lunch at Liberty Park Grill. Depart at 9:00am \$20 bus fee + lunch.	Turner
July 6	Hiking Club at Couchville Lake Trail at Long Hunter State Park at Depart at 8:30am. \$10 bus fee. Registration required.	Donelson
July 7	Meet and Eat at Chicken Salad Chick in Hermitage. Meet at 11:00am. Registration required – limit 12.	Donelson
July 7	Monthly Movie Matinee to see Young Washington. Depart at 12:30am. \$10 bus fee + movie admission and concessions. Registration required.	Madison
July 7	Music City Archery and Lunch at Quinn's Neighborhood Pub and Eatery. Depart at 10:45am. \$35.00 bus fee and admission + lunch. Registration required.	Martin
July 8	Mystery Shopping, Lunch & Tour. Departing at 9:15am. \$20 bus fee and admission + lunch. Registration required – limit 14.	Donelson
July 10	Grocery Shopping at Walmart. Depart at 9:30a. \$5 bus fee. Registration required.	Bordeaux
July 10	Mystery Lunch. Depart at 10:15am. \$15 bus fee + lunch. Registration required.	Martin
July 13	The Time Jumpers at 3 rd and Lindsley. Depart at 6:00pm. \$35.00 bus fee and admission. Registration required – limit 12 members.	Martin
July 13	Mystery Lunch. Depart at 9:30am. \$15 bus fee + lunch. Registration required.	Turner
July 14	Wings of Liberty Museum and Lunch at Oak Grove Casino. Depart at 9:00am. \$15 bus fee + lunch and expenses. Registration required.	La Vergne
July 15	Lunch Bunch at Centennial Café. Depart at 10:15am. \$10 bus fee + lunch. Registration required – limit 14.	Donelson
July 15	AARP Scams Workshop. Depart at 10:00am. Free. Registration required.	Knowles
July 15	Music for Seniors Concert – Connye Florence. Depart at 9:30am. \$15 bus fee. Registration required.	Madison
July 15	Music for Seniors Concert – Connye Florence and Breakfast at Another Broken Egg Café. Depart at 8:45am. \$10 bus fee + breakfast.	Turner

	Registration required.	
July 17	Nashville Sounds Game. Depart at 5:00pm. \$35 bus fee and admission + concessions. Registration required – limit 14.	Donelson
July 17	Meet and Eat at Sami's Brick Oven Pizzeria & Buffet in Smyrna. Meet at 11:00am. Registration required.	La Vergne
July 17	Nashville Sounds Baseball Game. Depart at 5:00pm. \$50 bus fee and admission + lunch. Registration required – limit 12 members.	Martin
July 17	Tour of Loretta Lynn's Ranch and Lunch at Log Cabin Restaurant. Depart at 8:45am. \$55.00 bus fee and admission + lunch. Registration required.	Turner
July 18	Murder Mystery Excursion. Depart at 9:30am. \$86 bus fee and admission + lunch/shopping. Registration required by JUNE 30 TH .	Knowles
July 20	Lunch Club Day Trip to Farmers Market. Depart at 9:30am \$10 bus fee + lunch. Registration required.	Bordeaux
July 20	Rise n Shine. Meet at Maminette French Bakery at 10:00am. Registration required – limit 12 members.	Donelson
July 20	Tour of Kilwin's in Franklin and Lunch & Shopping in Downtown Franklin. Depart at 9:30am. \$15 bus fee + lunch/shopping. Registration required.	Turner
July 21	Touring Nissan Manufacturing and Cracker Barrel Brunch. Depart at 10:30am. \$10 bus fee + food. Registration required.	Knowles
July 21	Mystery Lunch. Depart at 10:30am. \$10 bus fee + lunch (\$15-\$20). Registration required.	Madison
July 21	Cumberland Caverns – Cardwell Mountain History Walking Tour. Depart at 8:30am \$55 bus fee and admission + lunch. Registration required.	Martin
July 23	MNPD Crime Lab Tour and Lunch. Depart at 9:15am. \$15 bus fee + lunch. Registration required.	Turner
July 28	Opry Mills Movie Day. Depart at 9:30am. \$10 bus fee + movie/concessions. Registration required.	Bordeaux
July 31	Summer fun Fair at FiftyForward Knowles. Depart at 9:15am. \$18 for lunch and games. Registration required by June 24 th .	La Vergne
July 31	Summer fun Fair at FiftyForward Knowles. Depart at 9:30am. \$18 for lunch and games or \$5 for just games. Registration required by June 24 th .	Madison