

August 2026 Center Day Trips

If you are interested in participating in any of these day trips or would like more information, please call the hosting center, sign up in the Membership Portal, or refer to each center's calendar.

Date	Trip	Center
Aug 3	Walking Club Trip to local parks and trails in Bordeaux. Depart at 10:00am. Free. Registration required.	Bordeaux
Aug. 4	Madame Tussauds Museum and lunch at Santa Fe Cattle Company. Depart at 9:00am. \$30.00 bus fee and admission + lunch. Registration required. Limit 13 members.	Martin
Aug. 5	Tennessee Wings of Liberty Museum Self-Guided Tour + Lunch at Old Glory Restaurant. Depart at 9:30am \$15 bus fee + lunch. Registration required. Limit 12.	Donelson
Aug. 5	Mystery Lunch. Depart at 10:45am. \$10 bus fee + lunch (\$20-25 estimate). Registration required.	Madison
Aug. 7	Grocery Shopping – Walmart. Depart at 9:30am. \$5.00 bus fee. Registration required.	Bordeaux
Aug. 7	Full Tour of Loretta Lynn's Ranch and Lunch at Log Cabin Restaurant. Depart at 8:45am. \$55.00 bus fee and admission + lunch. Registration required.	Turner
Aug. 10	Lunch Club Day Trip. Depart at 9:30am. \$10 bus fee + lunch. Registration required.	Bordeaux
Aug. 10	Rise N Shine, meet and eat at Nectar Urban Cantina. Meet at 10:00am. Registration required. Limit 12 members.	Donelson
Aug. 10	Monthly Movie Matinee – Spiderman. Depart at 10:00am. \$10.00 bus fee. Bring \$16 for movie ticket + money for concessions. Registration required.	Madison
Aug. 10	Bluebird Senior Show and Lunch at Raffertys. Depart at 9:00am. \$15.00 bus fee + lunch. Registration required, limited to 9 members.	Martin
Aug. 11	Mystery Lunch. Depart at 9:30am. \$20 bus fee + lunch. Registration required. Limit 13 member.	Martin
Aug. 11	Mystery Lunch. Depart at 10:15am. \$15 bus fee + lunch. Registration required.	Turner
Aug. 12	Music for Seniors Concert and Lunch at Farmers Market. Depart at 10:00am. \$10 bus fee + lunch. Registration required. Limit 14 members.	La Vergne
Aug. 12	Music for Seniors Concert and Lunch at Farmers Market. Depart at 10:30am. \$10 bus fee + lunch. Registration required.	Knowles
Aug. 12	Music for Seniors Concert and Lunch at Farmers Market. Depart at 9:00am. \$15 bus fee + lunch. Registration required.	Turner

Aug. 13	International Food Tour – Wild Ginger. Depart at 10:45am. \$10.00 bus fee + lunch. Registration required. Limit 13 members.	Martin
Aug. 17	Walking Club Trip to local parks and trails in Bordeaux. Depart at 10:00am. Free. Registration required.	Bordeaux
Aug. 17	Beach Haven Winery and Lunch at PBody's. Depart at 10:00am. \$15.00 bus fee + lunch (\$30 suggested). Registration required.	Madison
Aug. 18	Meet and Eat at Opry Hills Mall and Tour Madame Tussaud's. Registration required, limit 20 members.	Donelson
Aug. 19	Los River Cave Tour + Lunch at Pub by Novo. \$55 bus fee and admission + lunch. Registration required by August 4 th .	Turner
Aug. 20	Off the Eaten Path Supper Club – Maemax Market. Depart at 5:00pm. \$10 bus fee + dinner. Registration required. Limit 12 members.	Donelson
Aug. 20	Donuts and Dance: Nashville's Nutcracker rehearsal. Meet there at 10:30am. Registration required, space limited.	Turner
Aug. 21	Oak Grove Casino Trip. Depart at 9:00am \$30 bus fee and lunch. Registration required.	Bordeaux
Aug. 21	Meet and Eat at Texas Roadhouse in Antioch. Meet at 11:00am. Registration required.	La Vergne
Aug. 24	Ride N Roll on WeGo to Downtown Nashville. Depart at 9:30am. Price: bus tickets and spending money.	Donelson
Aug. 24	Amazon Fulfillment Center Tour and lunch at Cheddar's Scratch Kitchen. Depart at 10:00am. \$20.00 bus fee + lunch. Registration required. Limit 13 members.	Martin
Aug. 25	Music City Archery Group Lesson and Brunch at Big Bad Breakfast. Depart at 10:00am. \$40 bus fee and lesson + lunch. Registration required.	Turner
Aug. 26	Volunteer at Second Harvest Food Bank. Depart at 8:30am. \$10 bus fee. Registration required. Limit 14 members.	La Vergne
Aug. 26	Bell Buckle Tennessee. Depart at 10:00am. \$20 bus fee + lunch. Registration required, limit 13 members.	Martin
Aug. 27	Mystery Trip with a Retro Vibe. Depart at 9:30am. \$10 bus fee + museum ticket and lunch. Registration required, limit 14 members.	Donelson
Aug. 27	Lane Motor Museum and Lunch at Hugh Baby's. Depart at 9:30am. \$10 bus fee + museum ticket (\$10) and lunch. Registration required.	Madison
Aug. 28	Comedy Show Trip and Hibachi's Buffet. Depart at 9:30am. Free + lunch. Registration required.	Knowles
Aug. 31	Tour of Amazon Fulfillment Center and Lunch at The Goat. Depart at 10:30a. \$20 bus fee + lunch. Registration required.	Turner