

September 2026 Center Day Trips

If you are interested in participating in any of these day trips or would like more information, please call the hosting center, sign up in the Membership Portal, or refer to each center's calendar.

Date	Trip	Center
Sep. 1	"The Great Tennessee Courthouse Trail" Motorcoach daytrip. Cost \$25 + lunch. Leave at 9:00am. Bus leaves at 2:30pm. Registration required. Limit 30.	Donelson
Sep. 1	Shelby Park and Frothy Monkey. Depart 9:00am. Cost \$10 + Lunch. Registration required.	Madison
Sep. 2	Shopping & Lunch in Leiper's Fork. Depart 9:30am. Return 2:00pm. Cost \$15 + Lunch. Registration required. Limit 13.	Martin
Sep. 3	Frist Art Museum. The indigenous Present Exhibit & Lunch at Café Cheeserie. Depart 10:30am. Cost \$15 + Lunch. Registration required.	Turner
Sep. 4	Grocery Shopping – Walmart. Depart at 9:30am. \$5.00 bus fee. Registration required.	Bordeaux
Sep. 8	Tour of Buchanan Log House. Drive to 2910 Elm Hill Pike. Meet and eat nearby at Bar-B-Cutie. Tour reservations for 12. Registration required.	Donelson
Sep. 8	CenterWell Forever Young Festival. 11:00am – 1:00pm. Carpool or meet there. 405 Sam Ridley W. Smyrna, TN 37167.	La Vergne
Sep. 8	Harrington Water Treatment Plant Tour + Lunch at Homegrown Taproom & Kitchen. Depart 9am. Cost \$15 + Lunch. Registration required.	Turner
Sep. 9	Mint Casino. Departure 9:00am. Return 3:00pm. Cost \$30 + Lunch. Registration required.	Bordeaux
Sep. 9	River Restaurant & Marina. Depart 11:30am. Cost \$10 + Food. Registration required.	Knowles
Sep. 9	Choir Trip to Fifty Forward Martin Center. Depart at 10:00am. Return 1:30pm. Limit 14 choir members. Registration required.	La Vergne
Sep. 11	Wings of Liberty Museum. \$25 bus fee + lunch. Depart 9am. Return 3:30pm. Registration required. Limit 13 member.	Martin
Sep. 12	LaVergne Fall Festival Bake Sale. Pavillion A. Time 9am-3pm.	La Vergne
Sep. 14	Lunch Club Day Trip. \$10 bus fee + lunch. Depart 10:00am. Return 1:00pm. Registration required.	Bordeaux
Sep. 15	Amish Country Wagon Tour. Depart at 9:00am. \$25 bus fee + lunch. Registration required.	Donelson
Sep. 15	Music for Seniors Concert: Donna Frost & The Usual Suspects + Lunch. Depart at 9:30am. Cost \$15 bus fee + lunch. Registration required.	Turner

Sep. 16	Rise N Shine Meet and Eat at Chocolate Whisper. Meet at 10:00am. Seating for 12. Registration required.	Donelson
Sep. 17	Off the Eaten Path Supper. Lagniappe Bayou Kitchen. Cost \$10 + Supper. Registration required.	Donelson
Sep. 17	Rabbit Circle Farm Tour + Shade Tree Farm Tour. Depart at 8:30am. Cost \$50.00 + lunch (includes bouquet + slushy) Registration required.	Turner
Sep. 18	Baskin-Robbins Day Trip. Depart 12:30pm. Return 2:00pm. Cost \$10. Registration required.	Bordeaux
Sep. 18	Meet and Eat at Culvers Murfreesboro. 11am. 2411 Medical Center Pkwy. Murfreesboro, TN. 37129	La Vergne
Sep. 18	Mystery Lunch. Depart at 10:45am. Return 1:45pm. Cost \$20 + Lunch (\$20-25 estimate). Registration required.	Martin
Sep. 19	TPAC Jersey Boys. Depart 1:15pm. Showtime 2:00pm. Cost \$10 bus fee + \$60 ticket. Runtime is 2.5 hours. Registration required	Knowles
Sep. 21	Meet N Eat at Fukutoku in Mt. Juliet. Cost: Lunch. Meet at 11:00am. Registration required. Limit 14.	Donelson
Sep. 21	Museum of Christian & Gospel Music Tour + Lunch at Assembly Food Hall. Depart 9:45am. Return 1:15pm. Cost \$30 + Lunch Registration required.	Turner
Sep. 22	Farmers Market Shopping Trip. Departs 10:00am. Returns 2:00pm. Cost \$10. Restrighthen required.	Bordeaux
Sep. 22	Movie Trip. Meet at Premiere 6 in Murfreesboro. Movie TBD. Limit 15. Registration required.	La Vergne
Sep. 23	Nashville Riverboat Cruise. Depart at 10:00am. Return at 1:30pm. Cost \$50 ticket + snacks. Registration required.	Donelson
Sep. 23	Nashville Riverboat Cruise. Depart at 10:15am. Return at 1:30pm. Cost \$40 ticket + \$10 bus fee. Registration required. *Tickets were preregistered, NO SEATS AVAILABLE.	Knowles
Sep. 23	Nashville Riverboat Cruise. Depart at 10:00am. Cost \$50 ticket + snacks. Registration required.	Madison
Sep. 23	Nashville Riverboat Cruise. Depart at 9:50am. Return at 2:30pm. Cost \$55 ticket + snacks. Registration required. Limit 13.	Martin
Sep. 23	Nashville Riverboat Cruise. Depart at 9:45am. Cost \$55 ticket + snacks. Registration required.	Turner
Sep. 24	Thrift Club Shopping Group. Departs 10:30am. Returns 1:00pm. Cost \$10. Registration required.	Bordeaux
Sep. 24	Choir Trip to The Pavillion Senior Living Center. Carpool to 10540 Cedar Grove Rd. Smyrna, TN 37167. Time 2:30pm	La Vergne

Sep. 24	International Food Tour – The Cookery. Depart at 10:30am. Returns 2:30pm. Cost \$15 bus fee + lunch. Registration required. Limit 13 members.	Martin
Sep. 25	Williamson County Performing Arts Center: The Music of Sunset Blvd in the 60s + Lunch at The Factory at Franklin. *This trip is full and on a waitlist.* Depart 11:45am Cost \$40 + Lunch. Restrigheten required.	Turner
Sep. 29	Mystery Lunch. Depart 10am. Cost \$10 + Lunch. Restrigheten required.	Madison
Sep. 29	Fiddler's Grove Pioneer Day Tour + Lunch at The Trailer Park Food Carts. Depart 9:15am. Cost \$30 + Lunch. Registration required by September 14 th	Turner
Sep. 30	Lunch Bunch at J Clayborn's Bakery and Cafe. Cost \$10 bus fee + lunch. Departure 10:15am. Registration required	Donelson