



# October 2026 FiftyForward J.L. Turner Program Calendar

Events with an asterisk \* require advance registration. To register for programs and trips, go to [fiftyforward.org/member/](https://fiftyforward.org/member/).

| Monday                                                                                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                            | Thursday                                                                                                                                                                                                                                                 | Friday                                                                                                                                                                                                                                                                     | Saturday                                                                   |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                         | <b>*On Wednesdays, we will now be open later in the evenings. Check the schedule to see what we have planned each week!</b>                                                                                                                                                                          | <b>1</b><br>7:30a AOA Dance<br>8:35a Les Mills Thrive<br>9:30a AOA Circuit<br>10a CenterWell Forever Young Festival<br>10:30a AOA Yoga<br>10:30a Mahjong<br>1p Rummikub<br>5p Night Bridge                                                               | <b>2</b><br>7:30a Strength Stretch Fusion<br>8:30a AOA Circuit<br>8:45a Trip- Historic Granville<br>9a Sit & Knit & Crochet<br>9:30a AOA Cardio<br>10:30a AOA Strength<br>11:30a AOA Dance<br>12p Bridge<br>1p Ping Pong                                                   | <b>3</b><br>8:30a Line Dancing<br>9:30a AOA Cardio<br>10:30a AOA Strength  |
| <b>5</b><br>7:30a AOA Yoga<br>8:30a AOA Circuit<br>8:30a FiftyForward Care Manager Office Hours<br>8:45a Trip- Ethridge Amish Community*<br>9:30a AOA Strength<br>10:30a AOA Cardio<br>11a Chess Group<br>11:30a AOA Yoga<br>12p Bridge<br>12:30p What's This Aging Thing All About?* | <b>6</b><br>7:30a AOA Dance<br>8:35a Les Mills Thrive<br>9a Hand & Foot<br>9a Mahjong & Games<br>9:30a AOA Circuit<br>10:30a AOA Yoga<br>10:30a Bunco- Hippie Halloween Theme*<br>12:30p Open Art Studio<br>1p Line Dancing-Beginners<br>1p Rummikub<br>1:30p Book Club | <b>7</b><br>7:30a AOA Yoga<br>8:45a Functional Balance<br>9:30a AOA Cardio<br>10a Ping Pong<br>10a Future Tech Series: Protecting Your Data*<br>10:45a AOA Strength<br>11:40a AOA Yoga<br>12p Bridge<br>12:30p YMCA Medicare Presentation<br>1p Line Dancing                                         | <b>8</b><br>7:30a AOA Dance<br>8:35a Les Mills Thrive<br>9a Advisory Council<br>9:30a AOA Circuit<br>10a Vanderbilt Nursing Student Presentations*<br>10:30a AOA Yoga<br>10:30a Mahjong<br>1p Rummikub<br>1p Trivia w/ Jeannie & Jim*<br>5p Night Bridge | <b>9</b><br><b>FiftyForward Centers &amp; Offices CLOSED for our Staff Retreat</b>                                                                                                                                                                                         | <b>10</b><br>8:30a Line Dancing<br>9:30a AOA Cardio<br>10:30a AOA Strength |
| <b>12</b><br>7:30a AOA Yoga<br>8:30a AOA Circuit<br>8:30a FiftyForward Care Manager Office Hours<br>9:30a AOA Strength<br>10:30a AOA Cardio<br>11a Chess Group<br>11:30a AOA Yoga<br>12p Bridge<br>12:30p What's This Aging Thing All About?*                                         | <b>13</b><br>7:30a AOA Dance<br>8:35a Les Mills Thrive<br>8:45a Trip- Nashville Superspeedway Tour*<br>9a Hand & Foot<br>9a Mahjong & Games<br>9:30a AOA Circuit<br>10:30a AOA Yoga<br>12:30p Open Art Studio<br>1p Line Dancing- Beginners                             | <b>14</b><br>7:30a AOA Yoga<br>8:45a Functional Balance<br>9:30a AOA Cardio<br>10a Ping Pong<br>10:45a AOA Strength<br>11:40a AOA Yoga<br>12p Bridge<br>12:30p Wing It: An Exploration of Improvisation*<br>1p Line Dancing<br>5:45p Acrylic Painting Class w/ Alison*                               | <b>15</b><br>7:30a AOA Dance<br>8:35a Les Mills Thrive<br>9:30a Trip- FiftyForward Health & Resources Fair*<br>9:30a AOA Circuit<br>10:30a AOA Yoga<br>10:30a Mahjong<br>10:30a Card-Making Class w/ Pam*<br>1p Rummikub<br>5p Night Bridge              | <b>16</b><br>7:30a Strength Stretch Fusion<br>8:30a AOA Circuit<br>9a Sit & Knit & Crochet<br>9a SHIP Medicare Informational Table<br>9:30a AOA Cardio<br>10:15a Trip- Music for Seniors Concert*<br>10:30a AOA Strength<br>11:30a AOA Dance<br>12p Bridge<br>1p Ping Pong | <b>17</b><br>8:30a Line Dancing<br>9:30a AOA Cardio<br>10:30a AOA Strength |
| <b>19</b><br>7:30a AOA Yoga<br>8:30a AOA Circuit<br>8:30a FiftyForward Care Manager Office Hours<br>9a Trip- Hidden Lake Hike*<br>9:30a AOA Strength<br>10:30a AOA Cardio<br>11a Chess Group<br>11:30a AOA Yoga<br>12p Bridge<br>12:30p What's This Aging Thing All About?*           | <b>20</b><br>7:30a AOA Dance<br>8:35a Les Mills Thrive<br>9a Hand & Foot<br>9a Mahjong & Games<br>9:30a AOA Circuit<br>10:30a AOA Yoga<br>12:30p Watercolor Class w/ Lee*<br>1p Line Dancing- Beginners                                                                 | <b>21</b><br>7:30a AOA Yoga<br>8:45a Functional Balance<br>9:30a AOA Cardio<br>10a Intro to Artificial Intelligence*<br>10a Ping Pong<br>10:45a AOA Strength<br>11:40a AOA Yoga<br>12p Bridge<br>12:30p Energy Saving Workshop w/ NES*<br>1p Line Dancing<br>5:45p Acrylic Painting Class w/ Alison* | <b>22</b><br>7:30a AOA Dance<br>8:35a Les Mills Thrive<br>9:30a AOA Circuit<br>10a Vanderbilt Nursing Student Presentations*<br>10:30a AOA Yoga<br>10:30a Mahjong<br>1p Rummikub<br>1p Tech Help w/ Bellevue Library*<br>5p Night Bridge                 | <b>23</b><br>7:30a Strength Stretch Fusion<br>8:30a AOA Circuit<br>9a Sit & Knit & Crochet<br>9:30a AOA Cardio<br>10:30a AOA Strength<br>11:30a AOA Dance<br>11:30a Volunteer Project: Addressing Envelopes*<br>12p Bridge<br>1p Ping Pong                                 | <b>24</b><br>8:30a Line Dancing<br>9:30a AOA Cardio<br>10:30a AOA Strength |
| <b>26</b><br>7:30a AOA Yoga<br>8:30a AOA Circuit<br>8:30a FiftyForward Care Manager Office Hours<br>9:30a AOA Strength<br>10:30a AOA Cardio<br>11a Chess Group<br>11:30a AOA Yoga<br>12p Bridge<br>12:30p What's This Aging Thing All About?*                                         | <b>27</b><br>7:30a AOA Dance<br>8:30a Trip- Exploring Cookeville*<br>8:35a Les Mills Thrive<br>9a Hand & Foot<br>9a Mahjong & Games<br>9:30a AOA Circuit<br>10:30a AOA Yoga<br>12:30p Open Art Studio<br>1p Line Dancing- Beginners                                     | <b>28</b><br>7:30a AOA Yoga<br>8:45a Functional Balance<br>9:30a AOA Cardio<br>10a Ping Pong<br>10:45a AOA Strength<br>11:40a AOA Yoga<br>12p Bridge<br>12p Shared Care Alliance*<br>1p Line Dancing<br>5:45p Acrylic Painting Class w/ Alison*                                                      | <b>29</b><br>7:30a AOA Dance<br>8:35a Les Mills Thrive<br>9:30a AOA Circuit<br>10:30a AOA Yoga<br>10:30a Mahjong<br>12:30p Halloween Party Potluck*<br>1p Rummikub<br>5p Night Bridge                                                                    | <b>30</b><br>7:30a Strength Stretch Fusion<br>8:30a AOA Circuit<br>9a Sit & Knit & Crochet<br>9:30a AOA Cardio<br>10:30a AOA Strength<br>11:30a AOA Dance<br>12p Bridge<br>1p Ping Pong                                                                                    | <b>31</b><br>8:30a Line Dancing<br>9:30a AOA Cardio<br>10:30a AOA Strength |



## FiftyForward J.L. Turner PROGRAM INFORMATION

**Only activities that require registration are visible on the member portal. Please refer to this calendar to see ALL activities each month. ML means member-led activities.**

### Recurring Classes, Activities, & Groups:

**ML Book Club Tuesday, October 6 at 1:30p.** Join our Turner Book Club for a fun, monthly gathering and discussion! This month's book will be *American Dirt* by Jeanine Cummins. For those wanting to get ahead, next month (November), the group will be reading/discussing *The Briar Club* by Kate Quinn. **Roos Room**

**ML Bridge Mondays, Wednesdays, Fridays, 12p-3p. Night Bridge on Thursdays at 5p.** If you're interested in learning, stop by the Monday or Wednesday gathering at 12p. **Zelle/West**

**ML Chess Group Mondays at 11a.** Enjoy learning or playing a friendly and competitive game of chess. We have several chess boards, including a beautiful wooden set donated by Judy & Bob Allen. **Brown/Davis**

**ML Hand & Foot Game Tuesdays at 9a.** Come learn and have fun playing a game called Hand & Foot. The Hand & Foot card game is a variation of Canasta. It originated in North America and is played with two piles of cards called a "hand" and a "foot," hence the name. **Need a minimum of four members to play. Brown/Davis**

**ML Line Dancing Tuesdays & Wednesdays at 1p.** Learn how to boot, scoot, and boogie with Bonnie Wood. Please note Tuesday classes are geared towards beginners. All are welcome to both 90 minute classes. **Community Room**

**Mahjong Thursdays, 10:30a-1p.** Join others during this designated time to play mahjong, the popular tile-based game. Participants must bring their own supplies. **Zelle/West**

**Mahjong & Games Tuesdays, 9a-12p.** Join fellow members for games including mahjong, canasta, and backgammon! **Zelle/West**

**Open Art Studio Tuesdays, October 6, 13, & 27 at 12:30p.** Bring your own supplies and art projects and work alongside other members. A great time to share with others what you're working on and get to know each other. **Zelle/West**

**Ping Pong Mondays & Fridays, 1p-3p in Community Room. Wednesdays, 10a-12p in Brown/Davis**

**Rummikub Tuesday, October 6 and Thursdays, 1-3p. Zelle/West**

**ML Sit & Knit & Crochet Fridays at 9a.** Whether you knit, crochet, or just love fiber arts, bring your current project(s) and stitch along with other members. If you would like to learn to knit or crochet, members of the group are happy to help. **Roos Room**

### Special Programs & Events:

**CenterWell Senior Primary Care Forever Young Festival Thursday, October 1 from 10a-1p. Address: 7643 Highway 70 S.** Join CenterWell Senior Primary Care as they celebrate another year of serving our community at their Forever Young Festival. There will be raffles, food, music, activities, and more. Make sure to stop by the FiftyForward table and say hello to our wonderful volunteers!

**FiftyForward Care Manager Office Hours Mondays in October from 8:30a-2p. Walk-ins welcome.** A FiftyForward Care Manager will be on-site to provide personalized support and help you connect with resources that will enhance your life. Our care managers have a large referral network for services, both big and small, so please stop by to see how care management can aid the next steps in your journey. **Roos Room**

**What's This Aging Thing All About? Mondays in October (5, 12, 19, 26) at 12:30p. Registration is encouraged.** As many of us age, we realize that we are becoming experts in a world that no longer exists. It is difficult to keep up with the changes that are happening in our society and world. By attending these reflection sessions, led by Rob Pilling, you will experience the power of joining together for study, support, and laughter. The sessions will use *Spiritual Aging: Weekly Reflections for Embracing Life* by Carol Orsborn to help guide discussion. **Brown/Davis**

**ML Bunco Tuesday, October 6 at 10:30a. Registration is encouraged so we have enough food.** Come mix and mingle and bring a covered dish to share while playing Bunco. This month's theme is Hippy Halloween, so break out those costumes! **Brown/Davis**

**ML Future Tech Series: Protecting Your Data Wednesday, October 7 at 10a. Registration is encouraged.** Join our member John as he leads a presentation on protecting your data. Every app you touch now feeds artificial intelligence something about you- your searches, your voice, your photos, your medical questions- most of it handed over without you ever clicking "agree." This session cuts through the hype to show you where your personal information actually goes, who profits from it, and what truly puts you at risk. You'll leave with changes you can make today: three settings to turn off, one thing to never paste into a chatbot, and a 5-min checkup on what's already out there. **Zelle/West**

**YMCA Medicare Presentation Wednesday, October 7 at 12:30p. Registration is encouraged.** Travis Hague and Matt Hendrix from the i2 Agency have been trusted partners with the YMCA since 2011. Their agency provides unbiased consultations to members and guests. They are well equipped to help you navigate your way through the Medicare maze! **Activity Room**



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**Vanderbilt Nursing Student Presentations** Thursdays, **October 8 & 22. Registration is encouraged.** Join Vanderbilt Nursing Students for the following presentations:

- Oct 8 from 10-10:30a: Sleep & Memory
- Oct 8 from 11-11:30a: Mental Health & Wellness
- Oct 22 from 10-10:30a: Heart Health
- Oct 22 from 11-11:30a: Nutrition

**Brown/Davis**

**ML Trivia w/ Jeannie & Jim** Thursday, **October 8 from 1-2:30p. Registration is encouraged.** Join our members Jeannie & Jim as they host a fun trivia game! Participants will break up into teams and test their knowledge on a variety of different topics. **Brown/Davis**

**Senior Planet Tech Lecture: More and More AI** Monday, **October 12 at 1:30p. Registration is encouraged.** Join Danny with Senior Planet as he presents on the rise of artificial intelligence. We will look at different ways in which you can utilize AI. **Brown/Davis**

**Wing It: An Exploration of Improvisation** Wednesday, **October 14 at 12:30p. Registration is required; limited to 15 participants.** Join Kat Poole as she leads a fun improv theatre class. Whether you are an experienced performer or have the curiosity to try something new and inspiring, Wing It is a class for all! Participants will be introduced to the basic strategies and practices of improvisational theatre through games and guided direction, based on the lifework of Viola Spolin and Paul Sills. Improvisation keeps the mind sharp and connects us with others through spontaneous creation and performance. Come play with us! **Brown/Davis**

**Acrylic Painting Series w/ Alison** Wednesdays, **October 14-November 4 (four classes total) from 5:45-7:15p. Registration is required and limited to 15 participants. Cost: \$50 for FiftyForward members and \$60 for non-FiftyForward members.** Join us for a four-part workshop in which students will learn to translate a photograph into an expressive impressionist landscape painting using acrylics. Over the course of the series, students will explore loose, broken brushwork and impressionist color theory, including how to capture light and shadow. No prior painting experience is required. Students will leave with a completed original painting and a stronger understanding of impressionist technique. All supplies will be provided for the classes. **Brown/Davis**

**ML Card-Making Class w/ Pam** Thursday, **October 15 at 10:30a. Registration is required; limited spots available. Cost: \$5 cash.** Join our member, Pam, as she leads a fun card-making class. She will teach you simple paper folding techniques to make beautiful cards that spread joy when shared with others. **Brown/Davis**

**SHIP Medicare Informational Table** Friday, **October 16 from 9-11a.** Stop by to see Joe Smetana, a SHIP (State Health Insurance Assistant Program) counselor, as he provides an informational table in the FiftyForward lobby to answer any Medicare-related questions that you might have. Open enrollment begins on October 15. He will have brochures as well as GNRC/SHIP swag to hand out. **FiftyForward Lobby**

**Seated Dance Class w/ Lyle** Monday, **October 19 at 1:30p. Registration is encouraged.** Seated Dance Class is a 50-min movement experience for older adults of all mobility levels, done entirely from a chair or wheelchair. Led by dancer and choreographer Lyle Oberman, classes use rhythmic music, counting exercises, and dynamic movement patterns to gently engage the body and mind. More than exercise, it's an artistic, communal space where participants are defined not by age or limitation, but by rhythm, humanity, and movement. **Brown/Davis**

**ML Watercolor Class w/ Lee** Tuesday, **October 20 at 12:30p. Registration is required & limited to 16 participants. Cost: \$20.** Learn the basic characteristics of watercolor. All supplies will be provided. **Zelle/West**

**ML Intro to Artificial Intelligence** Wednesday, **October 21 at 10a. Registration is encouraged.** Join member John Ulett for an introduction to artificial intelligence. He will cover the basics and teach you how to use different AI platforms. He is also happy to answer any AI-related questions that you might have. **Zelle/West**

**Energy Saving Workshop w/ NES** Wednesday, **October 21 at 12:30p. Registration is encouraged.** Join NES for a free workshop on energy saving tips. **Brown/Davis**

**Tech Help w/ Bellevue Library** Thursday, **October 22 from 1-3p. Registration is encouraged.** If you need assistance with technology, library staff members from the Bellevue Branch will be at our center to answer your tech questions and help you with your device. Please bring your cell phone, iPad, tablet, Kindle, or laptop with you. **Roos Room**

**Volunteer Project: Addressing Envelopes** Friday, **October 23 at 11:30a. Registration is encouraged.** Looking for volunteers with neat, legible handwriting! We will be addressing envelopes for FiftyForward's Season of Caring mailing, as research shows people are more likely to open handwritten envelopes. Cookies and lemonade will be provided. **Brown/Davis**

**Hamilton CapTel Presentation** Monday, **October 26 at 1:30p. Registration is encouraged.** Hamilton CapTel delivers life-changing captioned telephone solutions for people with hearing loss- keeping them connected with what matters most in life. Explore the suite of solutions including no-cost telephones for at home and work, and mobile apps for iOS and Android. There will be time at the end of the presentation for any questions that you might have. **Brown/Davis**

**Shared Care Alliance** Wednesday, **October 28 at 12p. Registration is encouraged.** This gathering is designed to build on the foundation of our previous aging and caregiving workshops, and will focus on connection, shared experience, and collaboration. **Roos Room**

**Halloween Party Potluck** Thursday, **October 29 at 12:30p. Registration is required so there is enough food. Cost: FREE if you bring a dish; \$10 otherwise. See FiftyForward staff or Ambassadors to sign up for a dish.** Come dressed in your spookiest, silliest, or most creative costume & bring your favorite shareable dish! Our entrée will be sponsored by John Pugh with Delora Care & HoneyFire BBQ. We'll have a costume contest with prizes + a band called Date Nite, a Nashville-based quintet playing pop songs from the 60s & 70s. **Community Room**



## FiftyForward J.L. Turner PROGRAM INFORMATION

### Trip List:

#### Trip- Historic Granville Tour + Lunch

**Friday, October 2, Departing at 8:45a**

**Cost: \$55 (includes lunch + ticket)**

We're headed east for a trip to Historic Granville! Nestled on the banks of the Cumberland River, Historic Granville offers a unique blend of Southern charm and rich history. Known as Tennessee's Mayberry Town, Granville invites you to stroll its storybook streets and experience the simpler pleasures of small-town America. Parts of the tour will be guided while other parts will be self-guided. Before our tours, we will eat lunch at the Sutton General Store. On the menu for the day, you will experience chicken casserole, mashed potatoes, green beans, creamed corn, coleslaw, rolls, and Butterfinger cake for dessert. We will head back to the center around 2p. **Registration required.**

#### Trip- Ethridge Amish Community Tour + Lunch at Shaffer Farms

**Monday, October 5, Departing at 8:45a**

**Cost: \$30 + lunch**

Experience the heart of Amish culture as we head south to Ethridge, TN. Here, a personable guide who knows the community well will join us on our bus and share about the Amish community as we view different farms and businesses. **Please note that all farms and businesses accept CASH ONLY.** After shopping around, we will enjoy lunch at Shaffer Farms. **Registration required.**

#### Trip- Nashville Superspeedway Tour + Lunch at Amico's New York Pizza Italian Restaurant

**Tuesday, October 13, Departing at 8:45a**

**Cost: \$20 + lunch**

Start your engines- we're headed to Nashville Superspeedway in Lebanon! This 1.33-mile D-shaped concrete track is NASCAR's largest all-concrete venue. Here, we will experience a 1.5-hour long tour, and you will get a chance to stand on the start/finish line, sign your name on the track, walk through the garages, stand on Pit Road, snap a photo in Victory Lane, and more. If you wish to check out the spotter's deck, there are about 50 stairs to climb. **Please note that this trip involves quite a bit of walking and includes stairs.** After our tour, we will enjoy lunch at Amico's, which serves NY style pizza and Italian specialties. View the menu [here](https://amicosnewyorkpizza.com/menu): <https://amicosnewyorkpizza.com/menu>. **Registration required.**

#### Trip- FiftyForward Health & Resources Fair

**Thursday, October 15, Departing at 9:30a**

**Cost: FREE**

Join us for an educational afternoon at the FiftyForward Health & Resources Fair at our Madison location. You will find a variety of vendors including mental health resources, fitness and medical screenings, experts on patient and caregiver needs, and more. There will also be door prizes and vendor goodies! **Registration required.**

#### Trip- Music for Seniors Concert: The WannaBeatles + Lunch at The Factory at Franklin

**Friday, October 16, Departing at 10:15a**

**Cost: \$15 + lunch**

Come celebrate the music of The Fab Four with The WannaBeatles- recreating the fun and excitement of the most popular band in music history! The WannaBeatles use their multi-instrumental skills to recreate all eras of The Beatles catalogue. This month's concert will be held at The Historic Franklin Theatre and afterwards we will enjoy lunch at The Factory at Franklin. **Registration required.**

#### Trip- Ranger- Guided Hike at Hidden Lake Trail + Lunch at Loveless Café

**Monday, October 19, Departing at 9a**

**Cost: \$10 + lunch**

This trip was originally planned in June but has been rescheduled and we still have a few spots open! Join us for a ranger-guided hike on The Hidden Lake Trail with the optional Ridge Loop Extension located in Harpeth River State Park. This is an easy to moderate trail that is just shy of 2 miles (around 2.5 miles if you do the Ridge extension.) The trail begins through a flat, open field before branching into a wooded area. You can take the connecting Ridge Loop Trail, which climbs a steep bluff for a panoramic view of Hidden Lake below. Please wear closed-toe shoes for this and note the trail is not paved. After our hike, we will enjoy lunch at The Loveless Café. **Registration required.**

#### Trip- Exploring Cookeville: Cookeville History Museum, Lunch & Shopping Downtown, and Cookeville Depot Museum

**Tuesday, October 27, Departing at 8:30a**

**Cost: \$45 + lunch**

Join us for an adventure in Cookeville! Our first stop is the quaint Cookeville History Museum, followed by lunch at Crawdaddy's (see menu here: <https://crawdaddysgrill.com/cookeville-downtown-crawdaddy-s-food-menu>) and exploring the local boutiques and shops (locals recommend visiting Ralph's Donut Shop, Meg's Bread, and Cream City Ice Cream & Coffee House), and then a stop at the Cookeville Depot Museum. **Registration required.**

### **Trip Guidelines:**

**Minimum number-** Trips not meeting the minimum number of 6 attendees (unless otherwise noted) will be cancelled at least 24 hours in advance. Refunds will be issued.

**Departure Time-** Trips will leave at the stated departure time, so it is best if you arrive at least 10 minutes prior to departure.

**Cancellations and No Shows-** A refund will be issued if a cancellation is given within 24 hours of a trip's scheduled departure. For trips involving pre-ordered tickets or reservations, a refund will be given only if your seat can be filled.

**Attendance-** Cancelling or not showing up for three or more trips within a month will result in being placed on a waiting list the following month.

**Exceptions-** Exceptions may be considered by center staff in extreme situations.